

[00:00:00] <Music>

Annie: Hi friends. Welcome to another episode of That Sounds Fun. I'm your host, Annie F. Downs. I'm really happy to be here with you today, we've got a great show in store. But before we dive into this conversation, I want to take a quick moment to tell you about one of our amazing partners CAP.

Y'all know, I love it when my friends become friends with my friends. And so through the That Sounds Fun Tour, and through this podcast, y'all know how much I love sharing Christian Appalachian Project with you. And I love that we are all friends with them now, too. I just love the work that CAP does and how they're actively making the world a better place, especially for our neighbors, living in Appalachia.

For nearly 60 years, CAP has been serving the people of Appalachia, by building homes, transforming lives, and sharing Christ's love. Their dedicated staff and volunteers, ensure families have food on their table, a roof over their heads, and in times of heartbreaking and life-altering disaster, they help others put the pieces of their lives back together.

CAP gives unconditional love and brings hope to children, families, and seniors, who would otherwise be marginalized or forgotten. And now that you're friends with CAP too, just like me, I just love what they do. I want to invite you to be a part of these incredible stories by making a donation that's meaningful to you, or by signing up to volunteer. To learn more, visit christianapp.org, together, we can help make a brighter tomorrow possible for our neighbors, y'all, our neighbors in Appalachia, Again, that's christianapp.org.

And now for today's guests, Shane and Shane y'all, y'all, okay, listen, I have been fans of Shane and Shane for 20 years. I mean, I love their music. I love their hearts, I love how they write, I love how they sing, I mean, I'm just such a fan. They've released 40 albums so far, and tons of worship albums that you know, and love, and most recently the one that just came out, it's called, "Psalms, Hymns, and Spiritual Songs " Volume One, it is absolutely incredible. I've been listening to it a lot, an absolute lot

They also founded the Worship Initiative, which is an equipping ministry, and a collective of worship leaders, that over the past few years has grown into this incredible community.

We get to talk about all of that and their new album, and you will not be surprised, if you're a friend of the pod, that today and on Wednesday, we're going to talk about Psalm 23, it just keeps happening, doesn't it? What are we supposed to

learn? The Lord's talking to us, y'all. So here is my conversation with my friends, Shane Barnard and Shane Everett, Shane and Shane.

[00:02:38] <Music>

Annie: All right, Shane and Shane, welcome to That Sounds Fun.

Shane B: Oh, thank you for having us.

Shane E: Good to be here

Shane B: We've been looking forward to this, right here, we are here we made it.

Annie: Listen, don't lie to me. Don't just feed me-

Shane B: I'm not lying to you.

Annie: ...what I want to hear. This is, y'all, know that I am the lucky one here. Y'all know how I feel.

Shane E: Come on-

Shane B: No, no.

Shane E: Well, you might not know this, but we do full-time women's ministry. And so anytime we get to talk to another woman, it's good.

Shane B: We do.

Shane E: We can unpack that if you want, but if not, we can just leave that hanging.

Annie: Now, look, we're going to leave it hanging, but also I'm here for that, and I don't do full-time women ministry. So we're going to meet in the middle, you're going to bring your female audience, I'm going to bring my male audience, and we're just going to, this is going to upgrade everything for us.

Shane E: It's going to be good.

Shane B: It's going to be good.

Annie: Both of you are named Shane. One is E and one is B, which is still rhyming, it's still very close, you guys-

Shane B: It is.

Shane E: It is.

Annie: Well, this has been 20 years of your life. Will you just kind of introduce yourselves, so that our friends listening will kind of memorize what voice goes with which Shane?

Shane B: Yes.

Shane E: You go first.

Shane B: Yeah.

Shane E: Let's go alphabetical.

Shane B: Okay. Yep. This would be the Shane B. And we choose a really original titles for things, hence the band name Shane and Shane, and so my last name is Barnard. So, around here, if somebody wants my attention, they usually just say, "B." And if they want to Shane's attention, his voice sounds like this, "Hey, my voice sounds like this." And they would call him E.

Shane E: They would say, "Hey, E." But what's funny about that, this is Shane E., so if you're tuning in, Shane E., but when I was, my wife, we have a long story about we dated, we broke up, she moved abroad, and she came back.

And when, Shane and I had been traveling for a few years at this point, and so when I would refer to myself, when friends would call, "Hey, this is Shane E." And she was so confused by that, because she's like, "Why are you calling yourself Shanie?" And I was like, "I'm not saying Shanie, I'm saying Shane pause E." And she's like, she was so confused, but it was funny because, "Don't call me Shanie."

Annie: Right. Right.

Shane B: You could call him-

Shane E: Just call me Shane, just call me E.

Shane B: Annie, Shanie. Annie call him Shanie.

Annie: Got it. E., my question now is tell me more about your wife, who, when y'all broke up, she was like, "I'm getting out of the country." My girl, let's go.

Shane E: She pissed out. She was like, "I'm done with this." You know.

Annie: Where did she move?

Shane E: She moved to Paris, France.

Annie: My girl.

Shane E: But this is the funny thing, and this was before you were discipling women. So she didn't have the wisdom, yet, and so this is how it worked, I became a believer, we had gone to high school together-

Annie: Okay.

Shane E: ...actually, it's a long story but I had known her a long time. We dated, she was at Baylor, I was at A&M, we dated for about eight and a half months. I was really, really new in the faith, and she had been walking with the Lord for years. And so she's like, man, I was ready to get married because I had never like even had any kind of relationship with a girl who feared the Lord. And so I was just like, "This is awesome, this is on, I'm marrying this girl, this is it." And she's like, "I'm a sophomore, you need to slow your roll son. I am not ready for that." And I was ready for that and she was not.

So she's like, "I'm going to break up with you." And I'm like, "Okay." And so I'm at her apartment, like standing in like right at the threshold of her front door, and she's standing on the inside of the apartment, and I'm standing on the outside. And she had just like written this letter, and she read it, she broke up with me. And then she's like, and she had never said like, "I love you" or anything like that, but then she goes, "Okay, I love you." And then she shuts the door.

Annie: No.

Shane E: She says, "I love you." And then she shuts the door.

Annie: I love this story.

Shane E: That's confusing, ladies.

Annie: That's so confusing.

Shane E: Don't do something like that. That's not okay, you know what I mean?

Annie: And then moves to Paris?

Shane E: And then she moved to Paris for two years

Annie: Two years?

Shane E: Two years.

Annie: I cannot deal with this for one year.

Shane E: Yeah, two years. Then she came back and she had realized that she has erred in her ways. She calls and says, she asked me to marry her.

Annie: You are liar.

Shane E: And it worked out.

Annie: You're lying.

Shane E: No I mean, kind of,

Annie: She picks up the phone, and after, you better tell me the whole truth right now, did she call you and say, "Marry me."

Shane E: No, she didn't.

Annie: Well, I was going to be like-

Shane E: No, no, but she came-

Annie: "This girl, I need us hang up right now, and I need the wives." That's what I was about to switch.

Shane E: When she came back, she came in hot, you know what I mean? And she was like, "Hey, I just want you to know, I love you. And you don't even have to respond to me." And I'm like, and I was just like, "Oh, okay, okay." So, I mean, we had been broken up, Shane and I had been living together on the road, like just traveling, doing our thing. And then she's, and Shane was out of town, and he comes back, and we had hung out like four times. And, I mean, we weren't dating, I mean, she was gone, like she was out of the picture.

Annie: Had you dated other people?

Shane E: I dated another girl. Yeah.

Annie: Were you dating the other girl when she came back?

Shane E: No, I was not.

Annie: That'd have been great. That would have been great.

Shane E: No praise the Lord, I wasn't. But no that would have been even better.

Annie: Yeah.

Shane E: That would have been even better, but anyway. So she came back, and we hang out for like a week, and then that was in October, and we were engaged in December, and married in May. So it was like, we were on the fast track, but she had me, she had me at hello.

Annie: This is such a good story for a lot of our friends listening, only because when you tell it, you say, "We broke up for two years." Two years is a very long time for our hearts.

Shane E: It is.

Annie: I mean-

Shane E: It's a long time.

Annie: ...in the story it's two words, in our hearts it's such a long time. Don't worry B., we'll get into your love story too, because I love that one too.

Shane E: That's a better one.

Shane B: Yeah, I know.

Annie: But E, I mean, tell me what was going on with you and the Lord, in that window of time? What'd you do in that window of time? Did you think she was gone for good?

Shane E: Oh yeah, she was gone for good. I mean, we lovingly referred to her as the K factor, because the K factor kind of wrecked my life. Like when that happened, I was a new believer, nine and a half months in to my walk with the Lord, and I don't think I'd ever felt lost like that before. Because I think, you start like a relationship with somebody, like in the context of a biblical life, or like loving

something like divine in another person. And so, I think it was very different than any relationship that I'd been in the past.

And so I was so moved by her faith, and it encouraged me so much. And so I think we had this, we definitely had a connection, and then I felt like the rug got pulled out from under me. And that was like Shane and his group of dudes kind of took me in, and it was like they were kind of licking my wounds.

And so I mean, if she wouldn't have broken up, like in that season, it was kind of, for me, like in my journey thus far with the Lord at that point, that was the hardest thing that ever happened to me.

And then, so Shane and his group of dudes took me in. And then Shane's like, "Man, we're about to go to Minneapolis." And I'm like, "Dude can I get in the car with you?" And he's like, "Yeah, come with us, man." And that was the beginning of Shane and Shane. Like that was kind of like-

Annie: That was wild.

Shane E: ...the first trip. So I like dropped out of school, this is how, I was in a bad way, I dropped out of school with two weeks left in the semester.

Annie: Oh no.

Shane E: I went to my dean-

Shane B: To graduate.

Shane E: To graduate.

Annie: No, have you finished now?

Shane E: Yes, I did. But I was-

Annie: Okay, great.

Shane E: That was part of our like premarital counseling.

Annie: Yes. Yes.

Shane E: She was like, "You're going to get your degree, son." So I did, I followed orders. But that was like the beginning of like really a journey with the Lord, and depending on Him. Because I think when I got saved, and then I found this girl of

my dreams, and like I was going to do another job, and all of these things were kind of lining up and the Lord said, "I've got a different route for you." And really used Kelly as the catalyst to like push me into a deeper walk with Jesus, and just, I don't know where we would be, I mean, Shane and Shane probably wouldn't have happened, if that wouldn't happen. So it was, it's pretty crazy.

Annie: So many of us need to hear that the thing you're not getting, is actually setting you up for the thing you're getting. I mean, like that is gospel stuff right there.

Shane E: It is. And you know, Garth Brooks nailed it.

Annie: Oh boy. Which part?

Shane E: "Sometimes, I thank God for unanswered prayers." You know, you sing that, you're like, "Man, but God, I really like him." But hey, for real, he was doing something, so it's good stuff.

Annie: So for a lot of us that are in our, my age bracket with y'all, I'm 41, so I think I saw y'all in concert, I was trying to back up, I think I saw y'all in '04. So we've been friends a long time without y'all knowing it. But, B, at the same time you married someone that we knew back then as well, Bethany Dillon was her name then. Now her album, she's actually going to be on the pod as well, which I'm very excited about. Will you talk about how y'all met? Will you tell your story too? Just because it'd be unfair to only hear one Shane love story, when there's two Shane love stories.

Shane B: Yes. Beth came out on tour with us, her sister managed her. We were one of her first tours, I mean, she's kind of a freak show in that she wrote the majority of her record when she was 12, 13-years old. And then that kind of made its way to Nashville, and she got signed. And then now she's 15, the record's done, and all the things, and she's signed with the big record label. And her and her sister came out on tour with us, and nothing happened then I'd have spent a couple of years in prison.

Annie: Sure, right, I believe you.

Shane B: And then, got right with Jesus, and that was our first encounter with Bethany Dillon. And we loved this family, like they were very kindred, and very alien. And then kind of fast forward, two and a half years she came out on tour with us again.

And I had never had even the thought of this could be a thing. I hadn't dated a ton, I mean, from the time I was 21, music surprised me, God surprised me, that's a whole story in and of itself. I have zero background in anything musical or spiritual. And so-

Annie: Really?

Shane B: Yes, so it was all just crazy. And then it happened, and that day I borrowed Shane's guitar, this is like pre-saved Shane, this guy named Shane had a guitar plugged in.

Annie: How are y'all friends? Y'all just like ran with the same group.

Shane B: Yeah, I had a buddy who knew him. Yep.

Annie: Okay.

Shane B: And I played this concert. And so from literally the first time I ever sang in a microphone, I did this for a living. And so it was total left-field, like I can't even tell you how left-field it is, so I might as well be like an astronaut or something right now.

We were just always out and on the road. And I wasn't really into trying to like meet the match girl, I just, life was-

Shane E: Some were trying to meet him though.

Annie: I'm interested.

Shane E: I've got a few stories, if you want to hear them

Annie: I believe it.

Shane B: And so now, I'm 29, 30-years old, and we're on this tour, I'm pretty content.

Shane E: I mean, just to, I'm going to enter, I'll just interject here for a second-

Annie: You're very welcome.

Shane E: ...I mean, we're really good friends with the Chandlers, that you probably have met on here before.

Annie: Yes, yes, yes, Matt and Lauren were at a live show. They were on one of the live shows.

Shane E: Yeah. So Matt and Lauren, and Shane, and I, like had a ministry together, like early on, and we all thought he had the gift. We thought-

Annie: Oh no.

Shane E: Yeah, we thought, man, this guy-

Annie: Singleness.

Shane E: He just, he had the gift, man, he's just going like Paul, he's just, he didn't care. We really thought that, that's not a joke, because he never dated anybody.

Shane B: Yeah. Until this person. A buddy of mine like planted a seed of like, "Man, you would be crazy, not to marry this person." And I'm like, "What?" Like that's not even a possibility. But there was like a seed planted, and it was right before we went on tour, the second time.

And she kind of came of age, and we did this tour where, you know touring is unique, like a tour bus is a unique thing. And there's not many places, in the Christian world, where you can see somebody's life from like 5:30 a.m., to like midnight.

Annie: I know.

Shane B: You know?

Annie: Yes.

Shane B: In the same, like 200 square feet.

Annie: Yes. For an extended amount of time.

Shane B: Yeah. For like-

Annie: You see them every day, all day.

Shane B: ...a couple of months.

Shane E: Months.

Annie: I mean, you literally live with them.

Shane E: Months and months.

Annie: Yes.

Shane B: That's right.

Shane E: Months and months.

Shane B: And that was just a unique thing for me, to be able to watch this person's life. And so I knew that I got shot in the arm, I mean, like it happened.

Annie: Yeah.

Shane B: I remember she touched my arm one time, and I was just like, "Go ah." You know like, it was just like, "What in the world is happening," and I'm going... And we didn't go on walks, there wasn't anything like that, but there was like a kindredness, and people were starting to kind of notice we were talking a lot, and so I was in a huge dilemma. Because I was terrified to pursue this person. And she I'm sure was terrified to say anything about how she felt about me.

Annie: Were you scared because there was the age difference, or were you scared because of your job or what is the scared?

Shane B: Yeah. The scared was like just sheer approval of man. So I knew that, like everybody around me-

Shane E: He's pointing at me, by the way.

Annie: Yeah, for everybody in the audio is, B is doing a lot of thumb direction.

Shane E: If you can't see, he's pointing at this guy.

Shane B: Yeah, everybody around me, and we weren't like at a mature place. I mean, we didn't have a church, we were gone all the time. But everybody around me, when they found out that I had feelings for her, were like very condemning in all of those ways, and so I was just alone.

And so I took like eight months of just going before the Lord, and just going, "Am I willing to endure the pathway of pursuing this 18-year-old woman, who lives a few states away? Am I willing to endure that alone?" And so then, I got to a place where I was, I mean, there was some events that happened that kind of

like forced it, and we had a conversation, Beth and I did. And then we started a process of, and all of a sudden we were dating, and then it was just horrible.

Annie: Why is that?

Shane B: It got worse. Yes, it was so hard, it was just so hard. But not in a bad way, just hard, I think God was using all of it. But now she had all kinds of pressure on her end, because there had been some drama. Her sister was in a new marriage, that the husband was unfaithful, and that whole thing was going down at the same time.

And they had an age gap, and so there was like a lot of drama going on on her side. And a lot of people going, "You're crazy." And so she felt kind of alone too, but all of a sudden we're dating, and I had some land in Austin, I lived in a little, like a barn, I lived in a barn.

Annie: Yeah.

Shane B: And a friend would call me and be like, "Hey Beth is going to be in Houston tonight." And I'd be like, "Oh really?"

Annie: Y'all were dating?

Shane B: Yeah, "Like my girlfriend is." And so I'd call her and be like, "Hey, are you going to be in Houston tonight?"

Annie: God!

Shane B: And she's like, "Oh yeah, yeah. We're doing a concert, and we're just kind of in and out." And, I'm like, "You weren't going to tell me?" And, she's like, "Well, I didn't, you know, the promoter is picking us up and the things." And I'm like, "Well, I'll pick you up, I'm going to take you to dinner."

"No, I mean, the promoter is coming, and my brother is there." And I'm like, and I would hang up, we would cordially hang up, and then I was done in my heart. This happened like a hundred times, I was absolutely out. And then I would get in the car and I would drive to Houston, and I just would show up at the venue, and I would be like, "Hey, hey girlfriend?"

Annie: Yeah, do I have to buy a ticket or is someone going to let me?

Shane B: Yeah.

Shane E: "I went ahead and bought a ticket, I bought a t-shirt."

Shane B: Yeah.

Shane E: "Would you sign it?"

Shane B: And then she was always just awesome. She just was, I mean, Beth is the most, all-in person, that I've ever known in my life, and so she just didn't know. She hadn't held somebody's hand before, and then she had all this craziness going on. I mean, like she's spent years of counseling because of all the craziness.

Annie: Yeah. I mean, her career exploded alongside y'all. I mean, it was wild and family stuff, and y'all, and yeah.

Shane B: So eventually after a few months of that, basically when the moment that I asked her to marry me. Because the concept of getting married, even though she knew, like a 100% that I was in full.

Annie: Yeah.

Shane B: I mean, I wasn't about to date an 18-year-old girl in Ohio, I just wasn't going to do that.

Annie: Right.

Shane B: So like I had a good, almost year asking God, "Do I need to do this or not?" And I had the go, and I had spent months with her, watching her every day. I'm in, you're the one, I can't get rid of it, I tried to get rid of it a hundred times, I can't.

Annie: Wow.

Shane B: And so we'd never talked about marriage, only because I could feel the weight of that word in the context of her family and all of that. So I just, I mean, I made a decision early on, I'm just going to put a ring on her finger and then we can talk about it.

Annie: I'm having the best time.

Shane B: You know what I mean?

Annie: This is amazing.

Shane B: Yeah.

Annie: What? You put a ring on her finger without ever talking about it?

[00:21:17] <Music>

Hey friends, just interrupting this conversation with Shane and Shane really quickly, to share about another one of our incredible partners, ThirdLove. It's been so fun getting to do some traveling again, and there are some essentials that I never leave home without, my ThirdLove bras and sleepwear are some of those essentials.

ThirdLove creates high-quality underwear, sleep and lounge wear. They deliver comfort that your body loves being in. With sizes from Double A, through I, including half cups, and lounge and sleepwear, in sizes, Extra Small to 3X, get ready to feel good, my friends. They have a fitting room quiz on their website that I took, and it makes it so easy to get the perfect size and style. Having under things that fit so well makes me feel confident, and put together and no worrying about slipping straps or feeling uncomfortable.

ThirdLove obsesses over each stitch, so that you never have to think about how something feels, looks, or wears. While trends come and go, ThirdLove has always stayed true to one notion, "We do comfort, we do you." ThirdLove number one, bestselling 24/7 classic t-shirt, bra, maybe I own more than one, provides all the comfort and support you need, in more than 80 sizes, y'all, more than 80 sizes.

And y'all know how much I want you to get good rest, well, ThirdLove does too, that's why they created their washable silk pajamas. ThirdLove took silk, added a soft, like a Georgia-peach touch for extra good feels, while you're getting your eight-hours of sleep, it is luxury that's literally almost too easy, you guys.

ThirdLove knows you love to feel comfortable and confident 24/7, so right now they're offering our friends 20% off your first order. So go to thirdlove.com/soundsfun now, to find your perfect-fitting bra and get 20% off your first purchase. That's thirdlove.com/soundsfun for 20% off today. And now let's get back to our conversation with Shane and Shane

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Shane B: So we've been dating months, I don't know how long, but a long time, I don't know, 10 months. And then I flew up, talked to her dad. And then we had this evening, and I did all the things and proposed to her, which that went real bad in her family, not for her.

Annie: Right.

Shane B: But now, nothing was like just airy, and what if, and all that, it was like, this is, "I just want to marry you. I don't want the drama, I just want..." And so eventually, we waited maybe another 10, 11 months, because her brother was getting married in that season, so we thought we would wait until that passed. And I'm so glad that I married this person almost 14 years ago.

Annie: Yeah.

Shane B: If my fear of man would have stopped me that would have been a crying shame.

Annie: Oh, I can't wait to have her on, and have her tell us her side of this too. This is going to be a great two-parter on accident. But I mean, both of your stories are telling me, for our friends that are listening that are married or single or parents or not parents, or wherever you are relationally. I mean, both of you are just reminding me that God's story, like if you give your life to God's story, He tells the story. He does it, whether you can't mess it up if He's doing it.

Shane E: Yeah.

Shane B: That's right.

Annie: I mean, because Shane and Shane wouldn't exist without your story, E. And so it just feels like such an encouragement to me, to remember that, that God, I mean, the Scripture says, "Jesus is the author and perfecter." like, He is.

Shane E: He is.

Annie: Y'all such telling such beautiful stories of Jesus being the author of all of this.

Shane B: Yeah. There's so much safety in just surrender to the Lord. If we can wake up every morning and go, "God be my life. I don't have the goods to do the things. Just be my life, live through me." And that is the process of like sanctification or growing in God, right? It's not just trying to figure it out, and do all the right things, and find all the right paths it's simply just surrender.

Because we're never going to get better or find the right path on our own. I mean, "His ways are about as high as the heavens are above the earth, and His thoughts equally as high." And so man, surrender is so hard, it feels like dying. Like when the Bible says, "We need to take up our cross, die to yourself," all that. Well, that's kind of what it feels like, it feels like dying. But it leads to life. Surrendering to Him leads to life, for sure, and so it's good.

Shane E: Yeah. I mean, I think too, it's just like, "He's numbered our days." That's the thing. I think if we can remember that, when the storms come, or when the hard times come. You know that man, "He is working for the good of those who love Him and are called according to His purposes."

So it's like, if we're called according to His purposes, which we believe we are, and we might talk about this in a minute, if we get into the new album. But when the-

Annie: We will, I promise.

Shane E: ...when the waves of trouble come, we trust that He is working something out.

Annie: Mh-hmm.

Shane B: And it is impossible, the strength is divine. And I think He is providing that manna daily, and it takes that daily going to the source, and saying, "Okay." Just like Shane said, "I need the strength today. I need the mercy for today." When the hard times come and if they haven't come, they're coming. We're going to run up against it, it's just impossible, it's promised that we will have trouble, but we have a God who's overcome the world.

And so, I think even in those seasons, I mean, those seasons were really hard for both of us, I mean, that season with Beth, was really, I mean, it was very hard for Shane and I, that was, I mean, that was like one of the, probably the second big crack in what the Lord took back for His glory. Because we had a lot of turmoil in that season. It was probably the second rift in what could have been the end of what we do. But the Lord is so good at pulling us through, if we're depending on Him, and so it's good stuff.

Annie: That's beautiful. I think, the day you and I met this spring, when we were at the same event, I had probably, in my whole 41 years, I had like the number two biggest surrender conversation with God I've ever had that day. And it has changed my life this year. I mean, it was in March and it changed my life this year, and I've been walking with the Lord like y'all for a long time. And He still will go, "Hey, there's one more thing I want you to just die to." And you go, like, "I thought we were done?" But we're just never done, right? We're just never done?

Shane B: No, we're not done. We are not done.

- Annie:** It's wild. Okay, so the new album, we're going to talk about the new album. Also, before we do that, I've made a list of my lifetime favorite Shane and Shane songs, can we talk on those for a minute?
- Shane E:** Yes.
- Shane B:** Yes.
- Annie:** Because, as I told y'all, if I don't cry as we're doing this, I will be shocked. Because of the impact, I mean, as y'all are telling me this story, I'm blown away, at how Shane and Shane was built and what y'all been through. Because while y'all are living those stories, you're also really actively a part of my life, and a part of my growth in my faith. And so I just need you to know that I still sing, "Vision of You" from The Pages album.
- Shane B:** Mh-hmm.
- Shane E:** Mh-hmm.
- Annie:** From 2007, about once a week. It is-
- Shane E:** That's awesome.
- Annie:** It's one of the most impactful songs. Do y'all ever think of that one anymore? Like how many of these disappear off of your radar, or is like "Vision of You" still on your radar at all?
- Shane B:** It's not.
- Shane E:** Uh-uh. It should be.
- Shane B:** The vision is cloudy. The vision is gone.
- Shane E:** The vision, I lost the vision, the vision-
- Annie:** To be fair, you've been writing songs for 14 years.
- Shane B:** I would say that the prayer is very active still-
- Annie:** Sure.
- Shane B:** ...in my life. In fact, a couple of nights ago, we were with some friends. And it's like if you could have anything, if you could have God answer any prayer, it

really, for me, any prayer, like what would it be? Okay, just God will do anything you want Him to do, it is that, that I would see Him like my vision. I would just simply see Him as He is, as He always has been. Because I always feel so clouded, and we are, we see dimly on this side. So I think that the song, the song remains in my prayer life. But we don't do it anymore, because there's been like hundreds, thousands [Inaudible 00:30:05]-

Annie: Yes, I'm sure. Thousands of songs since then. I mean, this must happen to y'all all the time though, because y'all been doing music for 20 years, right?

Shane & Shane: Mh-hmm.

Annie: And there are songs like that, that have stuck to us, and everybody has their own experience. What is it like for you on your side of this, where there's an Annie, who comes up and goes, "I still cry when I sing, "Vision of You" from 2007." Like, what is that like for y'all when songs stick with people like that?

Shane B: I think it's awesome. It's throws fuel on the fire.

Shane E: Yeah.

Shane B: To get into God's Word and then try to craft sounds, and whatever we can do, we'll sing like ladies as long as we live, if that does exactly what you're saying.

When we look at the Scriptures and sing the truth of the Scriptures, when I think of that song, I think of passages in Scripture. And so, yeah, I love that, I think that is incredible, and it's an encourages my heart. I have no business writing songs and singing, I just have like I just don't. Because of my path, my first 20 years of life, it just, God just said, "Here's what I want you to do."

I didn't want to do it, it's just that I didn't, music has never been a passion. But if God would use me to encourage your heart, Annie, in wherever you're at. Or a missionary walking up a trail to a tribe that's never heard the name of Jesus then, man, that is just so cool and such an honor. So as long as I live I'll continue to do that, and hope that that would still happen.

Shane E: Yeah. I think we kind of realized early on, not early on, I wouldn't say early on, but later. As we hear stories like that, we feel like the Lord has really uniquely placed us in His plan to remind His bride of the truth of Scripture. And so we kind of live with two main points in our head of like, hopefully everything that kind of in the downline of what we do is singing the word and eliminating distractions.

And so we want the bride to be built up. Because she through Jesus as the whole, with the world. And we feel like that's been our unique little niche in what we do is encouraging the bride. And reminding her of the truths that the Word provides for life, and that's in every season. And it's such an incredible tool that we sometimes miss.

And if we can put a melody around one of those diamonds that make the heart shine, or remind someone that He is close, or our eyes should be fixed on something else. Or when the world lets us down again, or a person lets us down again, that we serve someone who is so much more effective in satisfying those deep longings.

Because we realize over and over again, that those things can't be filled with the things that He's made. And whether you realize that, or you don't realize that, that's a divine thing, if you realize why you're unsatisfied. But we pray that people all do realize why they're unsatisfied.

Annie: Yeah.

Shane E: And that there is so much life, joy, peace, patience, all of these things are found in the source, and the source is Him, and so we love that.

Annie: E, for our friends who haven't heard the word bride use like that before, like when you're talking about worship. Will you kind of describe who you're talking about in that story.

Shane E: Yeah, the people of God. So I mean, Jesus always, it's crazy because He says that, "We are the bride of Christ." If you are in Jesus, He refers to us, as His people, as His bride. So if you have thrown your life on the finished work of Jesus, like you have said, "Jesus, I am a sinner and I need a savior, and you're the savior." When that happens you're a part of the bride or God's people.

Shane B: And just to tag on that, like for those of you who, that sounds like weird language.

Shane E: It does sound like weird language.

Shane B: The cool thing, if you just look at the whole metanarrative of Scripture, Ephesians 5, it's like the punchline of like, "Oh, this is why there's a groom and a bride on the earth." And the reason why there is a man and a woman, a bride, and a groom is to have a living parable of a groom, a man who wholeheartedly and unconditionally pursues a bride. And in Ephesians 5, it says, well, this marriage is

a picture of God and His people, His bride. Because He is the only one who's ever successfully, unconditionally, and wholeheartedly loved a bride.

And it's a picture of a man who will never leave you and never forsake you, and that's what marriage is supposed to be, right? That's the covenant come what may, life, death, sickness, I'm in. And that covenant is because of His covenant. And we're still as mankind, really bad at that covenant, if you just look at the statistics. But God is a 100%, He's never brought somebody into the family, adopted them, and called them a kid of His and left them.

And so that language, that family language, it really points to God. I feel the tension when you're just like saying, "Hey, we're His bride." Or that feels kind of weird, but it's so powerful.

Annie: Yeah.

Shane B: Because that's pointing to someone who is real, and who is even set up this institution of marriage to be a parable of who He is for us.

Annie: And then y'all, I mean, this album, Psalms Hymns and Spiritual Songs, really, I mean, it reminds me of Ephesians 5, because that's what we're supposed to bring, right? And supposed to share. Y'all write so many beautiful songs around the Psalms. I mean, I have more Scripture memorized because of y'all. Because of what you taught me to sing, than I've ever been able to memorize on my own. Why do y'all go to the Psalms and put music to it for us? That's what this new album is, right?

Shane B: Yes, it is. And this, God tricked us.

Shane E: It's probably the wrong, it's probably the wrong word.

Shane B: Didn't Jeremiah say, "That you deceived me Lord."

Annie: That's right, he did.

Shane B: So my roommates asked me to play a concert in a field. I'm a business major who does intermural sports, and I had a crazy adventurous life with tons of different places and moves. And so I didn't really even have a brain at this moment in my life. And I knew four chords 20 worship songs, but I never knew any other songs. I'd never even have a thought about, "Oh, a band or a song." Somebody asked me about "Stairway to Heaven." I didn't even know what that even meant or who that, I'm like, "I don't even know what you mean. I don't even know what that means."

Annie: Aha.

Shane B: I knew like a couple of Kenny Rogers, like I could sing "The Gambler" to you. And I knew like a song called [**Speaking in Spanish 00:38:00**] because that's what my dad sing, every single day. My dad spent a lot of time in Mexico, mining for gold with a pan and a gun, so that's backstory, I'm getting in the weeds.

Annie: That's a great story, though.

Shane B: Yeah. Right, there's a lot of goodness there. So I just to play this concert, I had to sing something, and I didn't have a grid for singing things or writing things. So I'm like, "Didn't they used to sing the Psalms? I think they used to sing Psalms." And so I'm just picking through the song book, the only song book that I know. And then, the Shane thing happened, that all happened in real time. Which, a couple of months after, he didn't tell you this, but a couple of months after I borrowed Shane's guitar to play this concert.

Annie: Yeah.

Shane B: He was like in an epic, like bar band, like club band, cover band. The lights came on in this club bar at two, three in the morning, and he's sitting on the stage waiting for a check. And when the lights came on, in the bar, the lights came on in his heart, and he gave his life to Christ right there on the stage.

And then drove home like moved out with his girlfriend, broke up with the band, and then that's when we started to have this friendship. It's like he'd grew up, he'd given his life to Christ like a hundred times, been baptized, but it'd never happened.

Annie: Right, right.

Shane B: And so we're like, man, I just think Shane, and you're Shane, and I'm Shane, and you know, we had a record way back then it was just called Psalms.

Annie: Yes. I have it.

Shane B: Psalms. And it was just because literally that's all we knew to do, is turn to the Scripture. And God tricked us because it started to really help our lives. And so [00:39:53] Colossians 3:16 says, "May the word of Christ dwell richly in you. As you teach and admonish one another in all wisdom, through singing psalms, hymns, and spiritual songs with gratefulness in your hearts."

So I think what's happening is the word of Christ is dwelling richly in us. And so God, just after that, it's like, "I don't have anything else to offer. I can't live by food alone. Like every word from your mouth, it's honey to my lips." And so way back then we started not because we made a decision to, but because there was no other path.

It just was, this is the first thought that came to mind and God tricked us into that. And then we never could go back to like hanging on the Scriptures and the Psalms, by God's grace for however many more years. We'll just be in the Scriptures, in the Psalms, trying to wrap them in song, so that the word of Christ may dwell richly in us.

Annie: I mean, I'm going to show you what a deep dive fan I am, that I tried to play, "Unto You" on my guitar, and it's impossible. So if you didn't believe that I've been around this whole time-

Shane E: It's hilarious.

Annie: ...you need to know-

Shane E: Oh my God.

Annie: ...that, that is the hardest song I tried to play in my college apartment, in 2002 or something. I mean like so-

Shane B: That is amazing.

Shane E: That is amazing.

Annie: I mean I've been around you guys, I have been around.

Shane E: Amen.

Annie: So this new album it just came out, when everybody's hearing this new album just came out so they can go listen to it. I mean, to me, will y'all just talk for just a minute, about what happens when we just play worship. That is no matter where you are with your walk with God, if you can just, if you just put this album on in your house while you're cooking dinner, or while you're doing carpool, or while you're working out, like what happens to us? It's that thing, like you were saying, be about "The word richly dwelling in us." What does that actually do for our lives, when worship is a part of the music in our homes?

Shane B: You know for me, it was probably a hundred times in the singing Psalm 23, just with a simple little melody. It was probably the hundredth time something happened to me. Like I had to sing "The Lord is my shepherd I shall not want." Probably hundreds of times. Because I would sing it with my girls, and we were testing it out. We're singing it at church, we're singing it at the concerts, this is before we even recorded it.

All of a sudden something happens to me, and this is really similar, this has happened with other people's songs that are playing in my kitchen or in the carpool. But this one for me, just having it on, singing it, all of a sudden in my heart, I hear this voice, this is how it plays out for me, and I'm singing, "The Lord is my shepherd I shall not want." And there's a new lyric that pops up, all of a sudden, and it goes, "The Lord is my shepherd all I do is want."

Annie: Yeah.

Shane B: So I got a problem now. Because I can't say, now, I can't say that with integrity, because I'm a professional wanter.

Annie: Wanter, right.

Shane B: That's what I do.

Annie: Same.

Shane B: And so I have four daughters at home, I don't have to teach them how to want they're ruthless in their want.

Annie: Yes.

Shane B: That's what they do, and I never grew out of that. And I get on a stage, and I want that approval, and I want that bigger stage, and I want more of what I already have. Just give me a few more thousand bucks or another couple of weeks off, or I'm just a wanter and it was just a re-up for me, like a new diagnostic to look at my life and say, "God has put that eternity-sized hole in every human heart"

Annie: Yes.

Shane B: I mean, we're all professional wanters, you can't turn it off.

Annie: I mean, we ate breakfast and we want lunch, it's like built in us.

Shane B: That's it. That's it.

Shane E: Yeah, it's there.

Shane B: And so like I went on this process of just the Holy Spirit dealing with me, through Psalm 23, where I ended up going, "I can't stop the wanting. The answer is not to not want, the answer is to find what I'm wanting in the shepherd." So my wanting is to, it's not too extreme, it's actually too dim, that I'm satisfied by trinkets, and likes, and follows, and things, and approval, or whatever it is for us.

But you can be satisfied in knowing Christ Jesus as your Lord. I mean, Paul said it, right? He almost quoted Psalm 23:1, that "I count all things." I had a huge resume, I was doing well, "I count all things as rubbish, as trash, compared to knowing the Shepherd Christ Jesus, my Lord." And, and so that changed my marriage that moment. Because if I can wake up and I can remember, like I wear this shirt most days. It's just a simple shirt, just says, "I shall not want." I don't have, I want the tattoo, but I don't have the courage.

Annie: Oh, you should get that tattoo and then you can wear different shirts.

Shane B: I know. I know. Then I can change my shirt, that's right. And I just want to remember, there is no like next level for me today. I am absolutely free to lay my life down as Jesus laid His life down for me, for my wife. Because the return I'm looking for, I have found in the Shepherd.

So I don't, she doesn't have to give me that return, He's given me that return and that really frees me up, if by the Holy Spirit, I can remember that. And so it's changed it, it's changed it for me, in that, man, I'm not longing for something that's going to do it for me because Christ Jesus has. And so that's a free life for, and it's available for those of you listening, that's available for professional wanters. We can find, as Christians, we should be peculiar because our longings are met in something that's unseen.

Moses prayed, we have a song on this new record, he prayed towards the end of Psalm 90, "Satisfy me in the morning Lord, with your steadfast love," and God does. And so, yeah, so that's what singing does. It's like, it's just on, but all of a sudden you might be listening to "Unto You" for like the hundredth time. And it's just like, "Ah, what?" and something will just left-field, and just, and God begins to give me this word is alive.

And so singing is one thing, but singing the Word is a little bit different than just singing things. Because His Word is living and you're singing it. And there's all these promises of when you sing it, whether it's in your kitchen, or the carpool, or working out, when you're singing it, God is accomplishing things, because it's His

Word, and because you're singing it. And so there's all kinds of reasons that's a helpful thing to us.

[00:46:59] <Music>

Annie: Hey friends, just taking one last quick break, to share about one of our amazing partners, Policy Genius. As you prep for that back to school season, go ahead and slide securing life insurance onto your to-do list. Between buying a new trapper keeper, and sharpener, and some pencils, Policy Genius, makes it easy to get covered, and to compare quotes from over a dozen top insurers, and all in one place.

Why might you ask, is it smart to compare? Well, you guys, you can save 50% or more, like up to \$1,300 on life insurance by comparing quotes with Policy Genius. That is so much money, you guys that is so much money. The licensed experts at Policy Genius work for you, not the insurance companies. So you can trust them to help you navigate every step of the shopping and buying process.

That kind of service has earned Policy Genius, thousands of five-star reviews across TrustPilot and Google. And eligible applicants can get covered in as little as a week, thanks to an award-winning policy option that swaps the standard medical exam requirement for a simple phone call. This exclusive policy was recently rated number one by Forbes, higher than options from Ladder or Ethos, or Bestow.

Getting started is easy. First head to policygenius.com, and in a minute, you can work out how much life insurance you need and compare personalized quotes to find your best price. And then when you're ready to apply the Policy Genius team will handle the paperwork and the scheduling, thank you for free. Okay. Thank you. Policy Genius doesn't add any extra fees, you guys. So head to policygenius.com to get started right now. Policy Genius, when it comes to insurance, it's nice to get it right. And now back to finish our conversation, with Shane and Shane.

[00:48:34] <Music>

I'll tell you an interesting thing that you could not have known, is that we have had a little accidental Psalm 23 theme this year. The Lord keeps bringing it back up, and everyone's hearing this on Monday, and on Wednesday, Louie Giglio is here talking about his new book and it is about Psalm 23.

Shane B: Come on.

Shane E: That's amazing.

Annie: So God is trying to say something to us this week.

Shane B: Come on.

Annie: And, I mean, that is the Holy Spirit is not playing around with us this week. E, are, y'all going to tour this record? Do we get to see y'all out and about?

Shane E: We tour a little bit differently these days. We have a team of people here in Dallas. We have a thing called the Worship Initiative, it's an online resource, like you subscribe to it. And then we teach how to not just play songs, but we try to wrap the songs that the church is singing, singing in the Word of God, and so we do devotionals and all kinds of stuff. But we really want the Word of God to inform the things that we sing. And so we're always trying to put that truth in someone's mouth, even if like you might be singing a song and you might not even know that it's Scripture, you might not even know that's where it comes from.

And so we're trying to just inform people and worship leaders, that man, like you might be singing, "Blessed Be Your Name" but that is a rich in theology and it's rich in Scripture. So we just want to say, "Hey, this is where that comes from." And hopefully kind of reviving those songs for people who sing them often.

And so we spend a lot of our time with our team here in Dallas, doing those things, creating resources for the church. And then as far as touring, we do about 50 shows a year, and so we kind of go in and out. But for years we were on the road, close to 250-days a year, we lived on a bus, and just went playing six-days a week, and usually had Mondays off. And we did that for longer than one should. And so, but the Lord was gracious to sustain us through those years, and we didn't know. Shane and I grew up, I'm kind of done kind of going off track here but-

Shane B: Shane's pretty infamous about you'll ask him a question, and he'll just say whatever he wants to-

Annie: Yeah, I'm into it.

Shane E: Yeah [**Crosstalk 00:50:44**]

Annie: I'm having a great time.

Shane E: I'm sorry. I've been doing it for years.

Shane B: So I'll let him continue, but the answer is yes.

Annie: Okay, got it.

Shane B: We are going to go out on the road and play.

Shane E: Yeah, we're going to play these songs.

Shane B: And we're going to play these songs out on the road.

Annie: Right.

Shane B: Yes. The answer is yes, at shaneandshane.com, you can find that us there.

Shane E: Let me clarify.

Annie: Okay great.

Shane E: Let me clarify-

Shane B: Now you can talk.

Shane E: When you say tour, I think no, we used to tour.

Annie: Yes. yes.

Shane E: And now we do like a healthy-

Annie: Now we do shows.

Shane E: ...amount of events. Now, we're like "Yeah, we're going to tour." That might be normal for everybody. But when you say tour, I think no sleep, living on a bus, with a bunch of stinky boys for hundreds of days in a row. And so we're not doing that, but we are going to go out, we are going to sing these songs.

Shane B: We are going to tour this record.

Shane E: We are going to tour the snot out of this record.

Annie: Great.

Shane E: We're going to live on the road.

Shane B: Yes.

Annie: Listen, that Worship Initiative album y'all put out this year. When I was on vacation a couple of weeks ago, I was spinning that thing, that "Catch Me Singing" song.

Shane E: Oh yeah, so good.

Annie: Y'all should have seen me sitting by the water just tears. Just saying, "Yeah, Lord, when this season changes catch me singing, don't catch me sad, don't catch me angry, catch me singing and worshipping." I mean, it is, y'all just do, y'all are doing some good work for the church, y'all. I mean, I can't thank you enough for this new album that comes out, that everybody's can get now. We just can't keep up with how much music y'all put out. Because you just keep giving us more and more, and I'm really thankful.

Shane E: It's a lot.

Shane B: We had a meeting yesterday, Tuesday, and we will release 103 songs to streaming services in 2021.

Annie: Oh my gosh.

Shane B: Can you believe that?

Annie: No. Actually I believe that.

Shane B: 103 songs this year alone. So that's, yeah, that's a lot, it feels like a lot.

Annie: That's a lot. That's really generous of y'all, really, that is so much music, between Worship Initiative and Shane and Shane.

Shane E: Yep.

Annie: Wow. Okay. I'm having a great time, but I also want to respect your time. Is there anything we didn't talk about, that you want to make sure we cover?

Shane B: Well, something that came to mind when you talked about, "Catch Me Singing." There's a song that has been a blessing, in a lot, I would say, it's a common theme in this new record, Psalms Hymns, and Spiritual Songs. I was in the stairwell, which is just right over this way, you guys can't see me point but I'm pointing-

Annie: To the left.

Shane B: We have an amazing space, but I spend most of my time, when I'm up here in a fire escape with cockroaches, because it sounds epic when you sing.

Annie: I'm sure, yeah.

Shane B: And so I write everything in there. And I was, it's been a tough year, and you'll hear some of that from my wife, when she's on. I was thinking of the old hymn, "Come Thou Fount". I didn't grow up with hymns, and so every hymn is kind of a new hymn for me. And I love that one, "Come thou fount of every blessing, tune my heart to sing your praise. Streams of mercy never ceasing, call for songs of loudest praise." And this was not a streams-of-mercy feeling day/season, for me, this was like a streams-of-trouble feeling season.

And so I flipped that and said, "Streams of trouble never ceasing, call for songs of loudest praise." Because I was in there and I'm reading through Psalm 42, this is all happening in the same space. And I was just crying, I was reading Psalm 42 is very helpful for me, because it's, I mean, my worship, he caught me singing in the stairwell, "It goes on, and on, and on, where is my God?" You know, it was that kind of singing.

Annie: Yeah. Yeah.

Shane B: Where are you, break after break or after crash after crash? That's what it feels like, but yet hope again in Christ, and so Psalm 42 is the framing of it is really helpful. And so this song, it's kind of a mashup between, "Come thou fount of every blessing, tune my heart to sing your praise. Streams of trouble never ceasing, call for songs of loudest praise." So it's kind of a mashup between singing, and for those of us who aren't in that season, where we feel like singing, there is still a song there and you can sing it. And it might sound like complaint, but it is in the song book of the Bible.

Annie: Yes, yes.

Shane B: It is in the praise and worship, and so your complaint will lead you to praise Him and trust Him. And again, that's a divine, supernatural thing that God does. And so it's not like in those moments, it's like the loudest, I don't know if you knew this, but most people singing voice is the loudest thing they do, it's louder than shouting.

Annie: I did not know that. And I am very loud so this is worth us testing between my laugh, and my yell, and my singing.

Shane B: But you need to get a DV meter out and just do it.

Shane E: Get a-

Shane B: ...you probably have one there in your studio, just do it, and sing out and see. But like the loudest sound we can make sometimes is that heart cry.

Annie: Wow.

Shane B: That like, "God, where are you at?" And I've had these really sacred moments over the years, in the hardest and darkest rooms where complaint leads to praise. And it is just so dear how Jesus meets us in those places. So a lot of songs on this record are kind of like moving into those themes.

There's a song called, "Song in The Night". There's a song called, "Steadfast Love" built around Lamentations 3, it's just songs for people in those, in that hour.

Annie: When I sing, "Catch Me Singing" what I want the Lord to know is that I'm always looking in His direction, even if my heart isn't feeling great.

Shane E: Yeah, yeah, yeah.

Annie: Right? I mean, that's exactly what you're saying is, we're allowed to say what we really feel and experience to God, and that's worship.

Shane B: It is.

Annie: Yeah. That's beautiful. Y'all, okay, listen, you are welcome back here anytime.

Shane B: Come on. Come on.

Annie: And Just come on. There are songs we didn't get to that are some of my favorites, so, I've still got a list of my history that I'd like to go over with you.

Shane E: Okay.

Annie: At some point. Listen, I can't wait for people to hear this album, if they haven't. We'll link to it, they'll be able to find it really easily and download it. But the last question we always ask, because the show is called, That Sounds Fun. E and B, Shane and Shane, tell me what sounds fun to you.

Shane E: Oh man, I just want to be in the woods.

Annie: Hunting?

Shane B: That is not funny.

Shane E: I just got to be in the woods. What does that not sound fun?

Shane B: No, go ahead.

Shane E: I want to be in the woods. I want to be like in a tree stand looking for an animal.

Annie: Okay.

Shane E: And maybe it's just watching it or maybe it's shooting it.

Annie: Sure,

Shane E: And skinning it, and eating it.

Annie: Is it the hunting season? Are we in hunting season?

Shane E: Not yet.

Annie: Okay.

Shane E: No, no, no, no, no, no, dove season's coming up in September. You know, so I know you're ready.

Annie: You know I know. You know-

Shane E: I know you're ready. I know you're ready for that. You can't wait, it's coming up.

Annie: Dove Season, do you still get the stand for doves?

Shane E: No, you just kind of stand on a fence line or a tree line or something, but it still being in the woods, in my opinion, is still being in the woods. And then deer seasons coming up in October, November, which is also fun.

Annie: Yeah.

Shane E: Really fun.

Annie: Okay, that's great answer.

Shane E: And that's in the stand.

Annie: Yeah.

Shane E: Yeah, so that sounds fun to me, right?

Annie: I love it. Yes. I'm in, if it's fun to you it's fun to me, I'm in.

Shane B: For those of you listening, so I have four daughters and Shane has three daughters, so that's the answer to our women's ministry, full-time ministry.

Annie: Yeah, there you go, for real.

Shane B: So that's what-

Shane E: That's what we do.

Shane B: And I just bought this pretty sweet, pretty epic, water-bounce house at Costco.

Annie: Ah-ah.

Shane B: And that kind of sounds fun, because I'm a little too big. But if there were a big one, if there were like a me-sized version of that, that's I mean, I'm so, it looks so awesome.

Annie: Did the girls love it?

Shane B: Oh yeah. They love it, they do it all day.

Annie: I mean, I feel like you should give it a try. The worst that happens is you burst it.

Shane E: Oh, he gives it a try.

Annie: Okay, good, good.

Shane E: Don't let him act like he, no, no, no, no.

Shane B: I have taken, I have taken-

Shane E: No, he's all, this guy's all in. When it comes to kid time, he is out there, he's on the ground.

Annie: Okay.

Shane E: I mean, he is doing it.

Annie: Well done.

Shane B: I have also been watching the show, "Alone" have you seen this?

Annie: No. Tell me more though, I'm very interested.

Shane B: It's a show about 10 people trying to make it somewhere that's extreme, like Northern Alaska, it gets like 40 below. They get to choose 10 things, but they have to be primitive things. So you can't like, there's no guns or compound bows or anything, and you got to make it up there alone.

Annie: By yourself? So we're watching all of them at the same time?

Shane B: So it kind of switches to each one, and they're filming themselves. So they're alone, they just, you drop them off with a helicopter or something and they're alone. So they got to build a house, they got it figured out, they got to kill, they're alone, you drop them, and this is a dream, that sounds like a good time to me.

Shane B: If I didn't have five females at home, I think, I would try to get on that show. Doesn't that sound awesome?

Annie: B, how do we watch this on Netflix, where is this?

Shane B: There is one episode on Netflix, which I think might be the best episode, season seven.

Annie: Season seven?

Shane B: Yeah, I've had-

Shane E: I never even heard of this until [**Crosstalk 01:00:12**]

Annie: Me neither.

Shane B: I have to go over to Hulu, I actually bought season eight, I don't I don't really watch TV, but I saw a show and I'm just in. So I had to go over to Hulu has I think all of the seasons, but I guess they get progressively better. They figured, they started figuring it out, but it's pretty fun.

Annie: Or progressively worse, one of the two. Okay, "Alone" we'll link to it, and we'll let everybody give it a go.

Shane E: "Alone" there it is, that sounds fun.

Shane B: It's a good time, it's a fun time.

Shane E: That just sounds fun. That sounds real fun.

Annie: I wish I had affiliate link to Hulu, because I think they're going to get a bunch of people who finally get a Hulu subscription.

Shane E: Come on "Alone" that's the one.

Annie: Oh my gosh, well, y'all thanks for being on here again. I mean, I just could not be more thankful for you as men, and your families, and the work you do, and you have meant a lot to me for a lot of years. So thank you for making time to do this today.

Shane and Shane: Thanks for having us.

[01:00:58] <Music>

Annie: Oh, you guys aren't they just the best? Grab a copy of their brand new album, Psalms Hymns and Spiritual Songs, Volume One, wherever you love to get your music. You're absolutely going to love this album, y'all, and if you aren't already, be sure to follow Shane and Shane, so you can tell them thanks for being on the show.

And yes, go into their Spotify or their Apple music, and just listen to all of it. Pages is my all-time favorite album, but I like them all, and as well, that new Worship Initiative, I'm telling you that song, "Catch Me Singing" is in my feelings, you guys, I love it. So everything Shane and Shane, you need it, listen to it, grab it, it's the best.

If you need anything else from me, you know I'm embarrassingly easy to find, Annie F. Downs on [Instagram](#), [Twitter](#), [Facebook](#), all the places you may need me, that is how you can find me. And I think that's it from me today, friends, go out or stay home and do something that sounds fun to you, I'll do the same. Have a great couple of days, and we'll be right back here on Wednesday. Still talking about Psalm 23, if you can believe it, with pastor Louie Giglio, y'all we have a theme it's Psalm 23. We'll see you on Wednesday.

[01:02:09] <Music>

Podcast References

Scripture References

- 00:34:52
 - Ephesians 5,
- 00:39:53
 - Colossians 3:16

Podcast Recommendations;

[Psalms, Hymns, and Spiritual Songs, Volume One](#)

[Alone](#)