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Annie: Hi friends! Welcome to another episode of That Sounds Fun. I'm your host Annie F. Downs. I'm really happy to be here with you today on a Friday. Let's go! We've got a great show in store. Like when I tell you this is the perfect Friday show, this is a really fun one to kick off your weekend.

Before we dive into this conversation, I want to tell you about one of our incredible partners, [Athletic Greens](#). Okay, it's hard to keep track of all the vitamins and supplements we need to take, right? So when it comes to things that will help us prioritize our health, what if there was a way to make it super easy?

By just adding one scoop of AG1 powder to cold water instead of taking multiple different products, listen, it happens, AG1 one by Athletic Greens has got you covered. Every scoop is packed with 75 vitamins, minerals, and Whole Foods-sourced ingredients of the highest quality that give us major benefits like gut and mood support. I need both of those in best shape, boosted energy, even healthier looking skin, hair, and nails.

Okay, hand to heaven, a friend was at my house today and she saw my AG1 sitting on the counter and she said how much she'd heard about it on the podcast and now she wants to try it. And she did. It was awesome.

AG1 is delivered to your house like clockwork every month so it's super easy to make it a daily habit and leave it on the counter. There's no need to set a reminder to reorder or stress about running out. Plus if you're like me and travel a lot, those single-serving travel packs help us never miss a day. We are putting those on the bus when we are headed out on tour this June.

You just mix the powder in ice-cold water, shake it up, drink it first thing each morning and that's it. With AG1, being good friends to our bodies each day is really for real, that simple.

If you're looking for an easier way to take supplements, Athletic Greens is giving you a free one-year supply of vitamin D and five free travel packs with your first purchase. So go to athleticgreens.com/soundsfun. Again, that's athleticgreens.com/soundsfun. Y'all check it out.

Intro: Today on the show I get to talk with my new friends Hudson and Emily. You may know them as the travel couple. On Instagram they are [@Hudsonandemily](#). So if you don't know them, y'all you are going to love them.

Okay, they are on a mission to visit every country in the world, making them one of the first and youngest couples in history to accomplish it. To put it into perspective, more people have been to space than they visited every country. Hudson and Emily are in country number 112 and on track to visit every country by next summer.

The sudden loss of Hudson's dad seven years ago made them realize life's too short to wait for the right time to pursue your dreams. We're going to talk all about it. So they ditched their corporate jobs and comfortable life in DC, got an old RV from Craigslist, and set out to visit all 50 states. And that is how this whole thing got started.

I'm so excited for you to meet these two. I cannot wait to share this one with y'all and get you dreaming about where you want to travel, maybe even this weekend. So here's my conversation with our new friends, Hudson and Emily.

[00:02:58] <music>

Annie: Hudson and Emily, welcome to That Sounds Fun.

Hudson: Thank you.

Emily: Thank you so much for having us, Annie. I just am so inspired by your love for the Lord and we're so grateful for you having us here.

Annie: Well, this is very, very fun. This is a Friday episode. We drop about one Friday episode a month of the things I think are the most fun. So y'all fit in that category. Hudson, what are y'all doing in America? You do not live here.

Hudson: Right now we just flew. We had a 36-hour travel day from Thailand.

Annie: No!

Hudson: Got in about two days ago and very, very thankful to be back. We're getting some visas right now.

Annie: So did y'all fly to Pennsylvania and then come down here?

Hudson: Yeah. We flew to Pennsylvania. It was my mom's birthday. So I went to see her quick, and then we're in DC for some visas.

Annie: Okay. Oh my gosh. Y'all have already in 36... I mean in like two days done a ton of travel already in the US. Bless your hearts. I mean, at this point, are planes like...

do you have like when you sit down, you do the exact same rhythm on a plane every time?

Emily: Well, Hud lets me lay my body the whole way on top of him so I feel like I get to sit. That helps a lot in sleeping. My other hack is not planning to get any work done. And then if I can't get work done, it feels like a bonus.

Annie: Do y'all have jobs on top of traveling?

Hudson: Well, we kind of just do a whole bunch of anything we can to try to help the cost of travel. So things on selling products on Amazon. We do some content creation and things like that. We've taught English. Pretty much anything that we can.

Annie: Okay. Will you back up and tell us the start of the story? Y'all met in fifth grade?

Hudson: Yeah. So we met in fifth grade. Actually, the very first place that we met we traced back to... it was a field trip to a sewage plant.

Annie: No.

Emily: So romantic. Then we had some classes together and-

Hudson: The next year we had an English class together-

Annie: Oh my gosh.

Hudson: She was the really smart one in class and I still had trouble figuring out the difference between adjectives and adverbs.

Annie: Me too.

Emily: Then we started dating in high school ended up going to the same college. Then we came up with our original idea, which was to hopefully buy an old RV and visit the 50 states.

Annie: So when did y'all start dating and all that?

Hudson: We started dating in high school. So I had an unofficial role that I wanted to be able to drive instead of having my mom drive us around. So right after I got my license, then we started dating.

Annie: I mean, as it grew, I guess one of my questions is, why was this the yes between y'all when y'all had known each other so long? Did you both travel? Were you in the same youth group? What was the connecting point besides just going to school?

Emily: For travel?

Annie: No, just generally together.

Emily: Oh. I always was so inspired by his joy. The more I fell in love with him, the more I feel that way, and through the loss of his dad, which I'm sure we're talking about. But like, even from the beginning, I started to see how the joy of Jesus just shone from him. And also how he was intentional in every area of his life, which I feel like is rare in high school. And I'm thankful for how through our marriage he has been a leader in that.

Hudson: Oh, and how we actually connected was so having classes together, but then we both played sports. So we were both at the same school after school. She was definitely a lot more smooth than I was. So she was the one flirting and talking and I was definitely the typical middle school boy, like, "I gotta go." She worked really hard. Eventually, I came around to realizing, "Okay, it helps to talk to people." So then in high school, I perked up enough courage.

Annie: Did you purposely pick the same college?

Emily: No. Actually, his brother was in the military. So he told me he was going into the military because he knew that I would follow him.

Annie: Oh, wow.

Emily: He wanted me to make my own decision. We ended up going to Liberty University. I told him one day, "I decided on Liberty," and he was like, "You know what? I'm going there too." Because his parents both went there.

Hudson: I had only applied to one school, but I didn't want her... I knew she was looking at other schools so I didn't want her just to go just because I was going there.

Annie: When did you know you wanted to marry her?

Hudson: I think the first time that that really came into thought was a few weeks actually into college we were playing... I played football through high school. But then we were playing flag football, I got a concussion. I couldn't remember anything. We were in the hospital-

Annie: You were with him?

Emily: Yeah.

Hudson: Yeah, she came and like-

Emily: He didn't remember any short-term memory. Only long-term memory.

Annie: Oh, wow.

Hudson: But I remembered her phone number. So that's a good sign that I remembered her phone number.

Emily: I remember being like... Thankfully it wasn't serious. But in that moment, I was like, "You know, even if he doesn't remember any short-term memory for the rest of his life, I would still want to marry him-

Annie: Oh, wow.

Emily: ...and spend our lives together."

Annie: Oh, wow.

Hudson: She was amazing at taking care of me and everything. I think at that point, I was like, "If I'm lucky enough that she sticks with me, then she's definitely the one."

Annie: How long did y'all get married?

Hudson: We got married like typical Christian College students.

Annie: At 21?

Hudson: Three weeks out of college.

Annie: That's great.

Emily: Ten years since then.

Annie: Ten years.

Emily: Mm-hmm.

- Annie:** Okay. In college, you said, "We're going to buy an RV. We're going to change..." I mean, this is before Pinterest really, right?
- Emily:** Yeah. We really had no idea how we were going to make it happen. We decided to buy an old RV off Craigslist would be the best approach. Thankfully it worked out. We renovated it. It actually felt like a home as we traveled. And then we went to see the 50 states. But as we were planning and saving for that, Hud's dad passed away.
- Hudson:** So we took four years after... It was kind of just a dream. Like, hopefully someday we could buy an old RV and travel. So we took four years. We were saving and planning for that.
- Annie:** And living in DC during that time?
- Hudson:** Yeah, living outside DC area. And then during that time, my dad just suddenly passed away of a heart attack. No health problems or anything. So it was just one of those things. We're actually planning a ski trip with him that weekend-
- Annie:** Oh my gosh.
- Hudson:** ...and then get a call that he passed away in his sleep. But that for us was just-
- Annie:** And how old were you? He was 55 and you were?
- Hudson:** I was 24.
- Annie:** Okay.
- Hudson:** So we had been married for a few years and stuff. But it was just a reminder to us, especially spiritually that we're not guaranteed tomorrow and anything can happen at any point and just to live more with that eternal focus. And to realize that if we are known for one thing or if we want to do one thing is to show others God's love.
- Annie:** Yeah. Yeah, you sneaky Jesus a lot. I've been watching on y'all's Instagram and stuff, I'm like, "Oh, these people. I see what they're doing. I see what they're doing." Emily, I imagine so many of our friends listening or a handful of our friends listening, when they've gotten married, it's been two years, it's been four years and something tragic happens and one of the spouses suddenly is in... both spouses are grieving but one of them has lost a parent or maybe they've lost a child. What was your thinking when it happened? What was your move? What did it look like to help and support him when he was grieving? Because you were grieving too? I mean, you've known his dad.

Emily: Yeah. So his dad was definitely like a second dad to me as well. So I think just being present for whatever it looked like that day. I feel like people who go through tragedy often say a good thing to ask is like, how are you doing today? And each day that looks different. Sometimes it's crying with them. Sometimes it's listening. Sometimes it's not talking and doing something fun.

Then I think also, we prayed even in that moment that we'd be able to look back in a year, a couple years from then, and see the ways that God worked through it. And thankfully, I mean, we're just... We miss his dad so much, but it's opened up so many opportunities to be able to talk about Jesus just so naturally with people in sharing our stories. So I'm really thankful for that.

Hudson: She's humble of... During that time, we went to GriefShare. My church they have GriefShare where people of all different backgrounds go and can just talk about loss. And there's so many tragic stories and stuff in there. Em kind of became the unofficial. She would make meals for everyone-

Annie: Oh my gosh.

Hudson: ...connect everyone, being somebody who could be a support for all these people who are going through tragic things. And then now, she's amazing that pretty much everyone that we talked to, whether it's like a taxi driver or on a plane. She'll weave in just like our life of joy of Jesus and wanting to make it some eternal focus for that.

Annie: Do y'all talk to people on planes a lot?

Hudson: Yes.

Annie: You do?

Hudson: She is amazing. I think I'm usually the person who will put my headphones on, don't talk to me. And she's always like, "I want to sleep but I feel like God's saying just to say hi." I'll wake up like an hour later, and they're telling their life story to her.

Emily: Oh, man. It's so funny because I always am like, "You know, I'd rather just sleep right now," and then I feel like the Lord tells me something to say to them. I'm like, "What if this was the moment that they were praying, 'is God real and I ignored what I felt like I was supposed to say to them'?"

Hudson: There's one story in particular that I remember of... Em's just amazing, definitely a people person, a lot more outgoing than I think I am. We were in a random airport in South Africa, I'm like, "I haven't seen her in a while. Maybe I should give her a call." Then I see her coming-

Annie: You haven't seen her at the airport?

Emily: Oh, no, no. You missed that. I went to the bathroom.

Hudson: I was like, "Maybe I should give her a call. I haven't seen her for like half an hour." And then all of a sudden I see her walking-

Annie: I mean, the idea it took you half an hour to worry, that's it.

Hudson: So she's walking out with a worker who's working at the airport and you can see they both were crying.

Annie: Oh, wow.

Hudson: And I'm like, "What happened?" And she said she just felt like God told her to encourage her and just say she's doing a great job. And here, all of a sudden, that broke down doors. That lady shared a lot of things going on in her life, Em was able to witness to her... in the bathroom.

Annie: Oh my gosh.

Hudson: So these two strangers are just crying together. Meanwhile, I think I'm just on my phone. So that's how Em is always looking for opportunities to just be an encouragement to people. That's something I really admire about her and I'm challenged as well.

Annie: Yeah, no kidding. If I was traveling with the person who was forever sharing the Gospel, I'd be like, "Oh boy, I gotta get my stuff together."

[00:13:20] <music>

Sponsor: Hey y'all, just interrupting this conversation real quick to share about one of our amazing partners. Y'all are gonna love them, [Fast Growing Trees](#). Okay, on Monday's episode, our friend Mark Batterson talked about his love for trees. And we can all use some grain and plant life in our day, right?

I love for my house, my porch, our office to be full of thriving plants even though I may not be the best at keeping them alive. Lillian is, so that helps. And

fastgrowingtrees.com has got us covered for all of our interior and exterior landscaping needs.

Fastgrowingtrees.com plant experts curate thousands of easy-to-grow plant shrub and tree varieties for your unique climate, from Meyer lemons to evergreens and everything in between. We're aware of all the benefits, right? The beauty, the cleaner air.

But sometimes it's hard to know which plants will do best in our context. No problem because with fastgrowingtrees.com you get customized recommendations based on your specific needs. Plus their plant experts are always available to help keep your plants growing healthy through the season and beyond. Thank the good Lord.

Whether you're buying plants for your first home or working on a season garden, fastgrowingtrees.com has experts in the field ready to support you and your plants for years to come. Just order online and your plants will arrive at your door in just a few days.

I am crazy about Fast Growing Trees because we found a fiddle leaf fig tree and a ficus plant for our offices at a great price. And they have got your perfect plant match too. They are so pretty. Y'all, it is making our office so awesome.

And with Fast Growing Trees, 30-day alive and thrive guarantee, you know everything will look great fresh out of the box. Join over 1.5 million happy faces Fast Growing Trees customers including That Sounds Fun Network and Downs Books.

So go now to fastgrowingtrees.com/thatsoundsfun and you'll get 15% off your entire order. You guys, 15% off the whole order. So get 15% off at fastgrowingtrees.com/thatsoundsfun.

Sponsor: And I've got another amazing partner to tell you about. Y'all, I am losing it over these partners. I love them so much. Okay, [Kitsch](#). Do you know Kitsch? I know you guys love talking about some good hair products because you're always telling me about it on the internet, whether I'm having a good hair day or a not-good hair day. We are talking about it.

They say that haircare is the new skincare. But there is one brand that has taken it to the next level. Kitsch has created game-changing essentials that beauty enthusiasts swear by. From satin pillowcases to time-saving towels, Kitsch knows haircare doesn't stop in the shower.

Ash on our team, you know Ashley, she is a huge fan of their satin pillowcase and I am dying to try their heatless satin curling rollers so I can say goodbye to heat damage. They are in the mail on the way to me. I cannot wait. These are the original, the OG, and the best heatless curlers. Don't settle for the knockoffs when you can get the ones that started the craze that you're seeing on every social media reel.

Whatever your budget, your skin type, your hair care, Kitsch believes in little indulgences at affordable prices, morning, noon, and night. They started in 2010 by selling hair ties door to door literally. Just a hustle and a dream. I'm so impressed.

Kitsch is self-funded, female-founded, let's go, and now carried in over 20,000 retail locations. Okay, so Kitsch's bestsellers include those satin pillowcases, satin caps, eye masks. Satin is vegan and cruelty-free and they are so great for your hair and skin while you sleep.

Kitsch also has rice water shampoo bars that can help with overall hair growth and density and rosemary scalp oil that will help support scalp health and hair strength from root to tip and so much more. Yes, please.

Right now Kitsch is offering my friends 30% off your entire order. You guys, 30% off. You just go to mykitsch.com/thatsoundsfun. That is right. 30% off anything and everything at my kitsch. Okay, that is mykitsch.com/thatsoundsfun. One more time, mykitsch.com/thatsoundsfun for 30% off your order.

Okay, now back to Emily and Hudson.

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Annie: What is y'all's faith story? Did you grow up Christian? Was there like a moment? What is the story?

Emily: Yeah, we both grew up Christians. I feel like there's definitely been ups and downs for me. But through it all, I feel like I've had a unique perspective on eternity and even more so when we lost Hud's dad. I was like, "If I truly believe the Bible is real, then I want to live out intentionally every part of that and especially in sharing my faith."

And then I think even through the past few years of, you know, some of the difficulties with Christianity mixing with like politics, I also feel even more strongly that I just want people to know us for the love of Jesus.

Hudson: We really realized that we've had amazing opportunities of being able to travel and actually be witness to people of other faiths.

Annie: Oh, that's interesting.

Hudson: So it's been really cool to be on the other side and get to learn... we love traveling, getting to meet people of different cultures and just learn more about their faith. And it's opened that door for us to share about our faith as well.

But it's really cool to kind of be able to step out and see like, Oh, I understand now like when somebody is sharing, also I think we use a lot of Christianese terms, and realize like saying something's may not connect because they'll use terms that we don't know. And we're like, "I gotta look this up. What does that even mean?" But yeah, we were from amazing Christian background, great families and stuff. But I think we've definitely been challenged to live with an eternal focus now.

Annie: I do not think anyone has ever witnessed to me from another religion. That has got to be a fascinating experience-

Hudson: It's so cool.

Annie: ...for people to try to get you to convert to their religion.

Emily: Like some people who are Muslims and people who are Buddhist. One thing that also I really took away from it is it being more of a conversation. So like this one guy did a great job of probably what was presenting his equivalent of the Romans Road.

Hudson: Going through the specific-

Annie: Wow.

Emily: Very point by point. But I didn't get a word in. And I wanted to talk to him. I wanted to ask questions.

Hudson: We would ask questions.

Annie: But he was just next thing, next thing.

Emily: So that's inspired me of like, how can we make this more of a natural conversation and also learning about what other people believe through the process and allowing them to share. So I think that is just a reminder to me of how I want to approach conversations with other people.

Annie: Yeah. But first, y'all did the 50 states. So what year was that? When did y'all do the 50s states?

Emily: We took off January 2017. We love traveling the country. We also are thankful that we sold that RV because we're always worried about "is something gonna break down?"

Hudson: We're budget travelers. So we were in a big old RV that made it an adventure of like, Hopefully, we make it to our next destination.

Annie: Oh my gosh.

Hudson: Fortunately no major, major issues. But probably daily or every other day something's breaking.

Annie: Oh my gosh. So you had to be like a repair person?

Hudson: I'm not a mechanic and we had to be really good at YouTube. Figuring out like, "Okay, they say that this is how to fix it. So cross our fingers and hopefully it works."

Annie: What about the rest of your friendships? Like what happens with your friendships, particularly when you were doing the 50 states, now that you're doing every country in the world? What happens with the rest of your friendships?

Emily: The 50 states was fun meeting up with friends from college that kind of spread out all over the country. We definitely miss the community aspect of things as we're traveling internationally. I am so thankful for a few friends that I have been super intentional to encourage us and stay connected with us. But then when we come home, we're always trying to meet up with as many people as we can.

Hudson: Em is definitely more of the outgoing relational person. So we spent a long amount of time in Thailand and Mexico and there Em actually started Bible studies in both of them-

Annie: Oh my gosh.

Hudson: ...and connecting with girls of all different faiths and backgrounds. So everywhere she goes, she's finding people connecting with people. Again, I'm probably on my phone or something like that.

Annie: Do y'all know your Enneagram type? Is there a type you connect with?

Emily: I am convinced Hud is a seven and me probably like a one or three. But I always say we're... it's not set up for people that have been having a home. So I would love to look into it more.

Annie: I'm just like, Man, your personalities are so interesting.

Emily: Yeah. Anything that comes to mind?

Annie: No girl. I would never. I would never try to guess. There's so much more about why you do what you do versus what you do, right? But I'm just really interested that... and I think it's a real important thing for people to hear that, especially people who aren't married yet, you sometimes think when I find my partner, I will find all the friendship I need. And what y'all are reinforcing is, no you need more friendship. Like each other matters but you need other friendships too to maintain globally, I guess for your case.

Emily: We have so much fun together, we're best friends, but there are so many moments that we look at each other... Like we were in Switzerland, home of chocolate, at a chocolate factory, at a tasting of chocolate factory and we got in argument. So I'm over here stuffing my face in one corner, he's stuffing his face in the other corner-

Hudson: We were in separate corners.

Annie: Oh my gosh. Y'all were like, "I'm gonna be over here."

Emily: And like, Of all places.

Hudson: Yeah, the RV traveling together, being side by side 24/7, we realized, one, you had to make up pretty quickly because we are together and going through it. And that's been amazing. But two, we definitely we're like, We're thankful that it's not a reality show that somebody's recording all the moments because we definitely have our moments for sure.

Emily: And definitely value friendships back home, especially the people that... It just blows me away my friends who are, you know, busy with their own lives, that have kids and are intentional and reach out to us. It just really means a lot.

Annie: So you finished the 50 states. Did you have one that was like, I've never been here and I love it? Is there a favorite out of the 50?

Emily: Idaho was probably the most surprising to me. Maybe not my top favorite but definitely one that I didn't know what there was to see.

Hudson: Waterfall.

Emily: There are so many waterfalls. But I told Hud, I was like, "We need to move to Nashville someday. I love it."

Annie: Come on. We would love to have you here.

Hudson: We spent like a month in RV around... What time was that?

Emily: Oh, it was during the CMT awards, CMA Awards. So probably the best sunshiny time we had here.

Annie: When you're scheduling going around the world now, because now you're doing every country in the world, when you're scheduling going around the world, are you chasing sun, are you chasing winter, or how are you scheduling?

Emily: Oh, definitely not chasing winter?

Annie: I wouldn't either.

Emily: It's much warmth as we can, and then also just trying to plan things around flights. We find since we're trying to travel on as much of a budget as possible that when we're in a region it's a lot cheaper to hop from country to country there than flying back to the US.

Annie: Sure. And like knockout... Like you just got back from Thailand, but you hit a couple of countries, right?

Emily: Yeah.

Hudson: Yeah, we're finished with Southeast unfortunately. We love Southeast Asia. So we're finished with Southeast Asia now. We're heading to West Africa next. Gonna be a lot of overlanding and overnight buses and stuff. So excited for the challenge ahead, but also really going to be missing Southeast Asia food and the people were so kind.

Annie: So you've done six continents?

Emily: Yeah.

Annie: What's left?

Hudson: We have Artica as far as-

Annie: Oh, wow. When's that?

Emily: I don't know. It's so expensive-

Hudson: We love watching videos and stuff of it. So hopefully at some point we'll make it there.

Annie: I am curious, how many have you done now? A hundred and?

Hudson: Thirteen.

Annie: Thirteen. Out of?

Hudson: The US is 195. So that's the list that we got. 193 is the UN, 195 is the US.

Annie: And you're going with the 195 list.

Hudson: Yes.

Annie: Will you tell the story about North Korea? I just watched that video. I thought that was so interesting because you can't technically go to North Korea.

Hudson: For Koreans and Americans right now, you can't travel to North Korea. So, for us, we're not going for any official records or anything. It's just our own goal. But with North Korea, organizations like Guinness Book of World Records, for Americans, they recognize going to the DMZ, which is the line, demilitarized zone between South and North Korea.

It was amazing to go there to have a tour and learn just what people in North Korea who aren't allowed to leave their own country as well, all that they're going through. And from a Christian perspective to know better how to pray for them to see specifically and pray for hopefully something in the future to change.

Annie: I was wondering how often you bump into unreached people groups. Is that something you notice? Is that something you think about when you're going somewhere?

Emily: That's the thing I try to pray for every day in whatever country that we're in is for the unreached people. One of our most amazing moments was in Indonesia in the small island off the coast of Bali, we booked to this \$4 homestay-

- Annie:** Y'all are budget travelers and I'm a bougie traveler. So I'm like, "Oh \$4."
- Emily:** I would love to be a bougie traveler.
- Annie:** I'll go to one country bougie, and I'll go to 100 budget.
- Hudson:** That's one thing that we definitely want to say is as far as traveling, there's some travelers who are very much like, This is how you have to travel. You need a backpack, nothing more." We're like, that'd be like saying you need this type of car. It depends on who you are, whatever-
- Emily:** Every piece of travel is the right way to travel.
- Hudson:** We travel differently to different regions.
- Annie:** Yeah, yeah.
- Emily:** But in this homestay, they just randomly... We hadn't said anything. Just started talking to us about Jesus and said that they were Christians.
- Annie:** Oh, wow.
- Emily:** And here the father—everyone on the island is Hindu—one day had a vision about this amazing man that was full of love, had no idea who it was. And then maybe 10 years later, missionaries came and talked to him about Jesus and he was like, "You know what? That is who I had a dream about."
- Annie:** Oh my gosh.
- Emily:** So it was just incredible to hear how the Lord worked through his life. And now for those missionaries being faithful to following the Lord, he became a Christian, and now they're still one of the only Christians on that island and somehow we stayed in their homestead. That was amazing blessing to us and a huge inspiration.
- Annie:** Are there any other countries you can't go to or that we can't go to?
- Hudson:** As far as right now, Syria is a country that is also difficult to travel to. But countries change very quickly, like what their situation is. So hopefully we should be able to visit every country.
- Annie:** I wonder if it counts if you go the Golan Heights in Israel and be like, "There it is. I literally see Syria. It's right there."

Hudson: Beautiful area, yeah.

Emily: It's even that one for probably less but we're hoping that... Some countries have been previously really hard for Americans to travel to, like Saudi Arabia, are fairly easy now.

Hudson: They're now some of the easiest.

Emily: Saudi Arabia is also one of our most inspiring moments of someone's kindness. Uber driver picked us up and was apologizing to us for not giving us a gift to welcome us to his country.

Annie: Oh my gosh.

Emily: An eight-minute Uber ride. So then he found this cafe and was insisting to buy us coffee, sit us down, give us recommendations, and he would not take anything for it.

Hudson: Middle Eastern hospitality is on a whole nother level. So many times people would have us for tea or invite us to their house or try to give us gifts or free food, and inspired us a lot. We're like, We're not on that level of hospitality.

Annie: Do you try to say yes? Is that kind of a goal?

Hudson: As often as we can. We found that that's one of the best... We try to be planned, unplanned travelers because we realize planning too far ahead... We joke that all of our arguments happen if we're either hungry or are rushed.

Annie: Oh, wow.

Hudson: So try to always have a little snack or something with us. And then also, yeah, have time for those experiences.

Annie: What happens if you get... And you can tell me a story, you can not tell me a story. What happens if you get somewhere you don't like?

Emily: Oh, that's a good question. I feel like some of the countries that we might not like are more so not because of the particular experience that we've had. Like when we got bedbugs in Russells or there's been a couple of places we've had things stolen from us. But it ends up that some of those countries end up being our favorites. Like South Africa we had \$700 taken from us, but we loved-

Annie: Someone just walked up and they took it from you?

Emily: It was a whole set of scam.

Hudson: We were new travelers too. We're learning all the time.

Emily: But South Africa is still one of our favorite countries for the beauty and the other people that we met who were so really kind.

Hudson: And we realized too, like, it's just like everywhere. It'd be like visiting the US for a week and the only place you go is New York and then you assume you know the whole country, you know the people. One example was when we were in Romania, we were in Bucharest, and long story of people who were telling us, workers, that we didn't pay for the bus ticket even though we had. They were trying to have us pay a fine. Turns out the whole entire bus is overhearing this, all of a sudden, the whole bus of just travelers on a public bus stand up, they're yelling at the people, we don't understand-

Emily: They were locals, so they're communicating in-

Hudson: So in Romania, we had no idea what was going on. We didn't know if they were mad at us. Then all of a sudden, they start passing out money in cash. It was like an \$18 fine. And they're like, "We want you to remember Romanians as the kind hospitality." We had no cash, we were trying to say no. But they were so kind. People gave us their numbers. They were like, "If you're in Romania again, come back."

That would have been an experience where we would have been like, "Oh, like people in Romania... there's a scam." They're now like some of the nicest people that we've ever met.

Annie: What do you know about God that you didn't know before you started seeing all these countries?

Emily: So much.

Hudson: I think in travel, definitely, one of the biggest things that we've learned is to especially being able to travel and be majority in cultures that aren't Christian and stuff that everyone has-

Annie: And they don't speak English and they aren't white, and all the things that we are.

Hudson: It's definitely way different than us growing up in our same small town and having a great church and everything. But is that everybody has the same core needs and

desires even as different as we all are. Like we're all searching for that desire that we believe God's put in our hearts. That we all want the larger picture of being loved.

And I think, especially sharing about God, that everything is an opportunity to share about Him, where like I said, I put my headphones on or something. Just being kind instead of I used to think sharing the gospel means like, I'm either gonna lay out the Romans Road or not say anything at all. Em does such a good job and really challenges me.

Emily: I think, yeah, it's just become more of a natural conversation with people that it can just be freedom and joy flowing from who we are instead of not sharing because I'm getting so caught up in "Do I have the right words? Am I going to make sure they know everything?" It's just a lot more natural now.

Annie: When you're doing that... I'm just curious, like, Did you mean to be missionaries?

Hudson: No. One of the biggest things we've learned because we've had the opportunity to meet up with missionaries along the road is our heart for missionaries. They're the real rock stars. Like giving their whole lives to go to areas, to not have that community, to serve. And like how certain areas that used to not be Christians that are now Christian areas are literally because 100 years ago missionaries went there, and were just faithful. And it's not always a huge conversion. It's not like a big revival happens. It's just faithful years. I'm a little partial because I'm named after a missionary to China.

Annie: Yeah, yeah, that's right.

Hudson: We think missionaries are rock stars, for sure.

Annie: I joke all the time that missionaries and pastors who are faithful in the long term to their congregations and we don't know their names, they will get to sit in heaven and I'm cutting grass. I know. I know. If I get in at all, I will be cutting grass. Those are the people that nobody cheers for that are doing every day, doing work that matters so deeply.

Emily: But can we also say that I cannot wait to someday see in heaven the web of impact that you've made, and then all those people that have gone on to impact other people because of your love and faithfulness to the Lord?

Annie: Wow. You're very kind. I appreciate that.

[00:34:17] <music>

Sponsor: Hey friends! Just interrupting this conversation one more time to share about another amazing partner, [Cru](#). We can easily take for granted our easy access to Scripture. We pull up the Bible on our phones, we find one in any translation we want to and probably have more than one at home. You have more than one on your phone.

But take a second and think about if you didn't have access to a Bible or even allowed to have one. I genuinely cannot imagine. But that is the reality of so many people around the world. Sharing that hope and peace with others is something that is close to my heart and y'all's heart. I know when we talk about Cru y'all talk back to me.

And it's why I wanted to tell you again about one of our amazing partners, Cru. Cru has people doing ministry in almost every country on earth, and they are seeing people come to know Jesus. And one thing they are missing is a Bible in their own heart language. So many of you signed up to give last season. And I cannot thank you enough for doing that. But one of their partners on the ground just asks us to keep praying for them and to keep sending more Bibles to distribute. So, friends, we get to meet that need. Let's go!

For only \$25 a month, you can provide three people with Bibles each and every month. And when you sign up to provide three Bibles with that monthly gift of \$25, you're also providing meals to 15 hungry people through their humanitarian aid ministry. Plus, as a little thank you, you receive a free copy of my book *Chase the Fun*.

So you just simply text CHASE to 71326 to help today. Imagine just how much this gift could change someone's life. So text CHASE to 71326 to help now. Or visit give.cru.org/chase. Message and data rates may apply, and it's available to US addresses only.

Sponsor: One last amazing partner we get to share with you today is [Shopify](#). Y'all know that sound. That's right. It means that another one of you is buying one of the products or resources that we have over at shopanniefdowns.com, which is powered by Shopify.

Money is far from the top of my list of favorite things. Y'all know that. It's one of our currencies but it's not our most important currency. But it really does matter to me that we connect you with the resources like Let's Read the Gospels guidebook and books like *Looking for Lovely*.

We want to get those things to encourage you and bring light and fun into your life and into the lives of the people you love. But we can't get them to you without the right e-commerce partners like Shopify. So many of you are entrepreneurs and have a passion to get what you've created in the hands of people who will love it too. You need Shopify, you guys.

I know that there are a lot of you who have the dreams of selling jewelry or stationery or your latest homemade dessert online if it's gluten-free, yes and amen. And you need a way to set it all up. From an in-person point-of-sale system to an all-in-one e-commerce platform, Shopify covers every sales channel. It even lets you sell across social media marketplaces like TikTok, Facebook, and Instagram.

Shopify gives you complete control over your business and your brand without having to learn really any new skills and design or code. Thank the Lord. And thanks to 24/7 help and an extensive business course library. Shopify is there to support your success every step of the way.

Now it's your turn to get serious about that passion project that you want to get out into the world and try Shopify today. This is possibility powered by Shopify. So sign up for a \$1 per month trial period at shopify.com/soundsfun, all lowercase. Go to shopify.com/soundsfun to take your business to the next level today. [Shopify.com/soundsfun](https://shopify.com/soundsfun).

And now back to finish up our conversation with Hudson and Emily.

[00:37:54] <music>

Annie: Where do you have left that you can't wait to see?

Hudson: We haven't been anywhere in West Africa yet. So East Africa, North Africa, South Africa. Would love to like-

Annie: So west is Sierra Leone-

Hudson: Yeah.

Annie: Okay.

Emily: So a lot of overlanding. Pray for us. Bumpy roads ahead of us.

Annie: Yeah, yeah, that's right.

- Hudson:** Surprisingly, we still haven't been to the Bahamas and a bunch of the Caribbean. We lived on the east coast of Mexico for two years. So you would think that we went-
- Annie:** You lived two years in Mexico?
- Emily:** Yeah, yeah, we loved it. We were laughing that it's like, "Oh, okay. We haven't seen much of the Caribbean." So we're looking forward to that also.
- Annie:** Because with 80 countries left, there's like chunks that I'm not aware of that y'all haven't. Have you done Russia?
- Emily:** Not yet.
- Hudson:** not yet.
- Annie:** Yeah, it's a complicated time.
- Emily:** We spent a few months in the Middle East, but still have a lot there. I'm excited for Pakistan. I've heard that people are amazing and it's beautiful with the mountains.
- Annie:** So you'll do East Africa next.
- Hudson:** West Africa.
- Annie:** Sorry. You'll do West Africa next. How many countries will you hit when you go on the next one?
- Emily:** 17 coming up.
- Annie:** Holy cow, you guys. Seventeen? Will you cruise your way down and through?
- Emily:** We're laughing because in DC yesterday we had to get just five of the visas, and we had 200 pages of paperwork to submit for these five visas. And we were like, "Oh, my word, this is a long road ahead."
- Hudson:** This is something about our personality that we found through travel and being together 24/7 is we laugh all the time. But I'm more like somebody who has binoculars on my face, I'm always looking at the future. That's how this whole thing started. It was kind of like a joke-type thing. We started traveling. We love traveling. I was like, "It'd be cool to go to all the country."

And Em is like somebody in the dark with a flashlight who sees the task right in front of her and she makes it happen. So then like the next day, she comes with research and it's like, "Well, if we did we would go to these places first and do that."

Annie: Oh, wow.

Hudson: Sometimes that works amazing. And then other times, we have trouble in that middle area or we butt heads.

Emily: A lot of days we're like, "How are we going to do this? Will it even happen?" But we're excited to try. And just take it day by day.

Hudson: We're thankful for the experiences.

Annie: So how long does this 17-country trip last?

Hudson: This one will be six weeks, which is one of the shorter spans that we've done. Normally, we're out of the country for six months and then come back. But because of needing visas, we're gonna have to come back more often.

Emily: So yeah, this will be a lot faster than we normally travel. Some countries we spend more than a month there and then sometimes ones that are smaller it will be just a day or two. But yeah, we're really excited for the ventures ahead and also just super grateful for the connections with people. So I'm excited to see this culture and hopefully connect with people along the way.

Annie: What did y'all do in 2020? Had you already started?

Hudson: We were in Mexico during...

Annie: Oh, got it

Hudson: That was only supposed to originally be six months.

Annie: Oh, there we go.

Hudson: Turned to a year. And pandemic happened.

Emily: We had already started and we had to cut it short and come back. But yeah, really thankful.

Annie: Where's all your stuff? Do you have stuff?

- Emily:** My parents thankfully have this old barn and then we have a lot of things stored in. But majority we sold. We don't have a car. We sold our bicycle. Very little we have left. But what it is is in my parents' barn.
- Hudson:** We realize how little we need stuff when we have like a 40-liter backpack that we travel out of. And we since realized like, "Oh, there's a lot of stuff that we think is very important that when it comes down to, "What can I fit in this area?" and we don't need it as much.
- Annie:** When you're planning this West Africa trip, are you thinking climate? Are you going, When we're packing, we need to make sure that we're in all warm-weather countries, and we only bring warm-weather things?
- Emily:** It definitely helps. Right now, I think I'm gonna have four shirts for the trip.
- Annie:** Oh, my gosh. Four shirts for six weeks?
- Emily:** That's ridiculous but I'm thankful that it's all similar climates. Sometimes we have to bring a winter coat.
- Annie:** Do you have to give up wanting to wear more than four shirts? Do you have to give up like...?
- Emily:** It's hilarious if people... If you scroll through my Instagram, you'll see that I'm wearing the same thing over and over again. So yeah, I've definitely given up a lot of wanting to like half style-
- Hudson:** We're definitely not stylish. I think this is what I wear every day but it looks great.
- Annie:** And then you just learned how to do laundry in every situation I'm sure.
- Hudson:** It's always the daily things. Figuring out things like haircuts or groceries. Especially traveling on a budget, it's always a fun challenge and stuff. But people's hospitality really blows us away. And in those daily things is usually when we end up meeting people too.
- Annie:** Charging your technology?
- Emily:** Oh, don't get Hud started with that.
- Annie:** I really want to know.

Hudson: If there's a phobia of not having things charged, it started from the RV days. So we would boondock a lot. So you don't have short-

Annie: I don't know what that means.

Hudson: So you're not plugged into anything. So you live off of... we didn't have solar panels, unfortunately. That would have been an upgrade I would have loved. But you have a generator, and there's a limited amount of time. So you have to charge everything. And then if it dies, then it's dead. I think I developed a phobia of that.

Annie: Yeah. So are you, when you're leaving a country, like, Okay, I've got 85%, we need to have somewhere to charge in the next few hours.

Hudson: Yes. There's I think a little clock inside of my head of when we check in some place... And normally in budget places, there's only one plug and it's like out in the kitchen or something. Like a common area. That's always a funny, little challenge.

Annie: If someone's packing a tiny bag with them and they're like.... I have this little pink Away bag that is as small as a book and it goes on every trip with me. And it has like five things in it. Do you have a bag like that? And what are your things that go with you everywhere, no matter what?

Hudson: I think definitely a portable power bank. We've had moments where our phones have died and we're like, "We don't know how to get back to our Airbnb. We don't have Google Translate. We don't have Google Maps. So that's definitely an essential.

Emily: For me, toiletry-wise I love these little goo tubes. They fit so much more than this little tube you would think would hold. So that's helped me because I still want to have my good shampoo with me and anything like that.

Annie: I would too. I always have like a granola bar because that's like from Nashville to Orlando. So I'm fine. But I just am like, "I always have to have medicine in case I have a headache and I always have to..." You know, that kind of stuff.

Hudson: A snack we found I think saves our marriage a lot.

Annie: I don't know if you can answer this. But I bet you can. What do you think you know about marriage that you wouldn't have known if you didn't travel like this?

Emily: Wow.

Hudson: One of the biggest things I think is just that small things don't matter. And we realized that things can build up over time and we'll carry that emotional baggage with us from country to country to country, often forgetting what the original argument was about probably because we were just hungry.

Like one of our arguments that we had was we bit off a little more than we could probably chew. We were in the Serengeti in Tanzania. We were self-Safari-ing and so driving by ourselves. And it was amazing. It was during the Great Migration. So in Lion King when you see all the millions of water beasts, we got to see that amazing experience.

But the one thing they told us is they said, "Don't drive at night because they shoot poachers." So if you're out at night, they'll shoot." So it's getting dark, we're running out of gas and there's lions that are in the middle of the road, they're not moving. And we were great up until that point, but a little bit, you know, on edge because we were like, "We got to make it to our campsite." I wanted to film for some reason. I wasn't thinking I was like, "There's lions. If it's a bad situation, let's record it."

Emily: We had a little bit of an argument. I was like, "God, this is not the time. Please keep your hands on the wheel."

Hudson: Fortunately, we made it out of... No lion bites or any of that situation. But realizing not to take that argument to the next place.

Emily: I think when we realize we have some of the same repetitive days, so then taking the time to address, "Okay, let's not let this continue that tomorrow we're still arguing about the same thing and next week we're still arguing about the same thing. Let's take the time to talk through it, address it, pray through it, and hopefully grow from that."

Annie: You made a joke on Instagram, where you said that you hope to fall in love with him chewing ice and then spend like the entire-

Emily: Still working on that one.

Annie: I mean, so things like that. I think what you're saying is things like that just lose more and more importance the longer you're in Tanzania and there's lions, or the more you save the world, the more you're able to balance what matters most.

Emily: I feel like I'm learning that just about life in general. I mean, everyone always says the world is so much bigger than we realize. But when I see people who are going through poverty and real struggles, it just changes the posture of my heart to, you

know, just want to be grateful for every moment and realize, yeah, that the world... I love what you said about... like the world is so much bigger than we think it is. But also everyone at their core has the same hopes and dreams to be loved.

Annie: I will think about that for a long time. That is a really interesting thought that every human is longing for the exact same thing, no matter what you grew up in. So I used to live in Scotland. I don't know if you know that about me.

Hudson: In Edinburgh, right?

Annie: Yeah. Yeah. Did y'all love it?

Hudson: Yeah.

Annie: Can we just talk about that for a minute? It's the best, right?

Hudson: Incredible. Literally does feel like Hogwarts or... I see why it was Edinburgh.

Annie: I know. Did you like it too, Emily? Just tell me.

Emily: Oh my word. I'm embarrassed to say this, but I don't even love the Harry Potter movies. But seeing it in real life, I was like, "This is gorgeous. This is our dream."

Hudson: I was getting on board with that one.

Annie: There you go. Did y'all get to do Ireland while you're there, too?

Hudson: Yeah.

Annie: Okay. So you've knocked out all of that?

Hudson: Yeah.

Annie: So what's mostly left is Middle East and Africa and Bahamas?

Hudson: Yeah. So we had the Caribbean, Pacific Islands, and then West Africa and the parts of Middle East.

Annie: Wow. Finished South America?

Hudson: Yeah, we have a few countries extra in there.

Annie: Oh, my gosh. "We gotta go back and get two more. We got two left."

Emily: How long were you in Scotland for?

Annie: I lived there for most of 2011.

Hudson: Wow.

Emily: That's incredible.

Annie: I go back and visit my friends once a year when it's not a pandemic. Once a year-ish.

Emily: It must have been a dream.

Hudson: That really is a dream area.

Annie: Oh, my gosh, it's just unbelievable. I say a lot that if plane stopped flying I would be at home and I would miss home. And if I was there and plane stopped flying, I would be at home and I would miss home.

Emily: Wow. That is beautiful way to say that.

Annie: I love it there. I'm very at home there. What's the timeline for finishing? Do you have a timeline? Or is that part of not planning too far ahead?

Emily: We're hoping sometime in 2024 is our goal.

Annie: Okay.

Emily: We'll see. Depends on visas.

Annie: Yeah, that's right. So when you come home, you always go to Pennsylvania?

Emily: All our families are there. But we have friends all over the country. So who knows where we will end up someday? We still have a lot to figure out.

Annie: How do you control your minds? I mean, everyone listening has to do this about, well, when we have our fourth kid, then... And you're like, You've only got two kids. You're not to worry about that. Or in 2024 when we're done with this... How do you control your mind to not worry about what is in front of you?

Emily: This is a great question because it's something every day I think that we're thinking through of, you know, how are we going to do this? And I know that our situation is so minor compared to actual issues in the world.

But something that has helped me that I've learned from scuba diving is they tell you as soon as you don't go down scuba diving, you get these feelings of anxiety and like, you know what if I'm going to drown here? And they say, "Just take one breath at a time?" And if you're taking that one breath, you're okay in that moment. And then the next breath you know if you're okay in that moment.

So I've applied that to my life. It really helps. Sometimes I take an actual breath and I'm like, I'm okay in this moment. But just the idea that, you know, I can do what I have right in front of me today and I can seek the Lord in what He has for me today and tomorrow will worry about itself, you know?

Annie: What about you? I mean, it sounds to me, Hudson, like your plug phobia... your brain may work like mine too of like there's just always something to worry about. Men and women think so differently about this stuff? So how does your brain process not worrying about what you can't do yet?

Hudson: Well, fortunately, for me, my family always jokes that my secret weapon is that I'm married to somebody who is able to handle everything. I would be worried about you, but you're married to Em. Even in college, we graduated a year early. She's the one I probably would still be in college ten years later. She's the one who helps with all that.

So I think for me, definitely, as a husband, the desire to support your family and everything. But I think especially since my dad passed away, just realizing that in the end, the only thing that we're going to be judged on isn't necessarily how great of life that I provide for my family. But is, did we show others the love of Jesus?

So it's a struggle every day to try to remind myself that. But I think when we have those amazing experiences and get to meet people of all different faiths and backgrounds, it really puts those things in perspective.

Emily: I also think that his binocular focus like looking out in the future has helped us to just take things day by day, but also have that eternal focus and more intentional focus on our goals. So I'm thankful for how you lead us in that.

Annie: Y'all are one of a kind. I mean, I don't know anybody else like y'all. So I think this is so interesting. People love thinking about travel and talking about travel, but y'all put a purpose behind it and learning behind it I think is gonna pay off for a really long time.

Hudson: Thank you.

Annie: I'm excited to watch you finish your last-

Hudson: Eighty-four.

Annie: Eighty-four.

Hudson: Eighty-three I think now.

Annie: I mean, you're over the hump. By far over the hump.

Emily: Thank you.

Hudson: I think one thing that I thought about for people traveling, that before we started traveling we weren't big travelers at all. And we always build it up in our minds like it's gonna be a big thing. Like if I'm traveling, especially overseas. I haven't done that. But we realized, especially... Just make a list like someday there's four or five places I'd love to travel to someday. You can travel like on... maybe start it on a budget. And you can see so many places.

God opens up so many amazing opportunities if you just go. And then just, yeah, go and see... Maybe someday, every five years or so take a trip and just see the opportunities that God has for you.

Annie: My personality gets very all-or-nothing. So when I travel places new, I always have to go, "You don't have to see everything and taste everything and meet everyone. There is a world where you could come back here someday. So if you got to come back, how would you live differently?" And I'd have to release the desire to vacuum everything.

Hudson: We definitely feel that. Yeah.

Annie: Yeah, I bet. But I can save money again. I can go in another decade. Also, the Lord will make a new earth and I will be here forever.

Emily: Amen to that.

Annie: I have to talk myself through all of that when it comes to... Also, you swim with sharks, by the way.

Emily: Oh, my word. Hud convinced me to go scuba diving with bull sharks, which are - what? The second or third most dangerous shark.

Annie: You just jumped in too in the video.

Emily: No. That was one of the most terrifying things I've done.

Hudson: When you scuba dive, you see sharks regularly and everything. But bull sharks, they always say if you see a bull shark, don't swim towards the bull shark.

Emily: That has to be controlled. But I'm very thankful we did after I was done-

Annie: Oh, yeah, yeah. You're back out, you're like, "Thank you. Thank you. Thank you. We're good."

Emily: But I genuinely thank you, Annie, for the blessing you've been to me and thousands of people and how faithful you are in sharing the love of Jesus.

Annie: I'm glad I get to go with you everywhere in this way. I think that's really fun. When people tell me where they're listening to the podcast or where they're listening to Let's Read the Gospels and you just go like, "Oh, man, I get to go everywhere. I get to be with all these people," it means a lot to me.

Okay, the last question we always ask. You have to answer individually. I'll start with you, Hudson. Because the show is called That Sounds Fun, tell me what sounds fun to you.

Hudson: One thing I'm really looking forward to is just a little checklist thing, is once we see the great wall, that will be our last Seventh Wonder of the world that we see.

Annie: Oh, wow.

Hudson: So we will find little checkoff thing to be able to see. So excited to travel to China and see the wall.

Annie: I've been to China and I loved it. I loved it. Y'all either should hurry or wait a while. I think we're about to not visit China. But I loved it. My cousins live there and we got to go visit. It was like, while you have family that is when you should go. But it's awesome. It's amazing.

Hudson: Wow, that's amazing.

Annie: I'm excited for y'all for that. What about you, Emily? What sounds fun to you?

Emily: I think like you were saying about the sharks, I'd love things that I'm terrified or don't enjoy in the moment that afterwards I look forward to. Another one was when we climbed this volcano in Guatemala and we got to watch another volcano exploding overnight. It was freezing and we had-

Annie: Is that one that y'all slept up there or read about that?

Emily: We had altitude sickness but just feeling the ground shake beneath us and seeing it explode is something I always remember. So I'm sure we're gonna have things like that on the upcoming West Africa trip and I look forward to finding the fun even when it's not always feeling like in the moment.

Annie: That's right. That's right. Well, safe travels, you guys.

Emily: Thank you so much.

Hudson: Thank you.

Annie: We can't wait to keep up with you. This is so fun.

[00:55:18] <music>

Annie: Oh you guys, aren't they so fun? I know that is like Friday show to a tee. Be sure to check out more about their story at HudsonandEmily.com and follow along with their adventures on TikTok, YouTube, Instagram. It's all Hudson and Emily. And tell them thanks so much for being on the show today.

If you love this episode, and I know you did, and you know someone else that you think would enjoy it, I've already got two friends of mine that I'm gonna make sure they hear this episode all about travel, be sure to share it with your friends. Shoot them a text, hit send, post it on your social media. Means the world to us when you invite your friends in on these conversations.

And did you know, have you seen that That Sounds Fun Podcast has its own Instagram now. We've got a place to tell you more things, show you more behind the scenes, and carry on more conversations with you specifically about these shows on the podcast.

So today when you see that picture of Hudson and Emily, I want you to go to that sounds fun podcast, tell me where you want to travel that you have not gotten to travel yet.

Okay, so we heard what sounds fine to Hudson and Emily, and now we get to hear what sounds fun to one of our friends who's listening just like you.

All right, RuthAnne, because the show is called That Sounds Fun, tell me what sounds fun to you.

RuthAnne: Hi I'm RuthAnne. I'm from Albany, Georgia. What sounds fun to me is having some friends over for a game night.

Annie: Really? I did not know you were a game night person. What are your games? What do you like? Everybody gets there, what's sitting on the table.

RuthAnne: So probably some of my favorites are Villainous. It is a Disney-

Annie: Craig is nodding his head. He knows this game.

Craig: It's a great game.

RuthAnne: It is. It's a great one. It is a Disney strategy game.

Annie: Got it.

RuthAnne: So everybody has their own boards, so you're playing as a villain. So you're trying to like complete... Whatever the villain is in the movie, you're trying to complete their goal.

Annie: Okay. Wow. Okay, so Villainous is out. Is there anything else that's always out?

RuthAnne: Ticket to Ride is always a great one.

Annie: Easy to learn too, right? Ticket to Ride is easy for people to learn.

RuthAnne: It's easy to learn. It's a great one. We love to play Nuts or [Dodge Bullets?] since it's the same thing. Those are kind of the standard go-to's around here.

Annie: What are we snacking on?

RuthAnne: Popcorn, cheeses.

Annie: Oh, bless. A quart of cheeses and Villainous, that sounds great to me.

RuthAnne: Yes.

Annie: I love it. Oh, I love it.

If you need anything else from me, you know I'm embarrassingly easy to find. Annie F. Downs on Instagram, Twitter, or Facebook. All the places you may need me, that is how you can find me, including preaching at Cross Point church this Sunday. So if you want to watch online, it's crosspoint.tv/live at 9:00 a.m., 11:00 a.m., and 5:30 p.m. Central.

I think that's it for me today, friends. Go out or stay home and do something that sounds fun to you. I'll do the same. Today what sounds fun to me is finishing up my sermon for Sunday. You guys, I'm teaching on humility. That is so hard. Pray me through, people. Pray me through.

Y'all have a great weekend. We'll see you back here on Monday with our good friend, Addison Bevere. We're talking about prayer. You're gonna love it. And y'all already love him. Me too. We'll see you guys on Monday. Have a great weekend.