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Annie: Hi friends! Welcome to another episode of That Sounds Fun. I'm your host Annie F. Downs. I'm really happy to be here with you today. We got a great show in store.

Before we dive into today's conversation, I want to tell you about one of our sponsors. This episode is sponsored by [BetterHelp](#). You heard the conversation with our friend Jasmine Holmes last week, and how much we talked about our counselors and the way therapy has impacted our relationship with shame.

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Intro: Today on the show, I get to talk with two of my dear friends, Walker and Sally Zimmerman. Now, y'all know I love soccer. You know I'm a huge NSC fan, Nashville Soccer Club. Come on you Boys in Gold.

So I am dying to introduce you to Nashville Soccer Club's number 25, and his incredible wife Sally. I have loved getting to know these two friends as they have moved to Nashville and he is playing for NSC. You also got to see Walker play in November in the World Cup for our US Men's National Team. We talked a lot about that.

This is an amazing conversation about people who are living faith lives in mainstream professions. And I think that is a lot of us. So I cannot wait for you to hear the stories and the thoughts and... yeah. I just adore Walker and Sally, and I think y'all are going to as well. So here's my conversation with US Men's National Team star, Walker Zimmerman and his dear wife, my dear friend, Sally Zimmerman.

[00:02:26] <music>

Annie: Sally Zimmerman, welcome with That Sounds Fun.

Sally: Thank you.

Annie: I'm so glad you're here.

Sally: I'm excited to see you in your natural habitat.

Annie: That's right. Look at me at my job. Walker Zimmerman, welcome to That Sounds Fun.

Walker: Thank you. Thank you.

Annie: What a treat, you guys! I feel like I'm the second person to have you as a couple on a podcast.

Sally: Yes, you're correct.

Walker: That's correct.

Annie: How many have you done before that, Sally?

Sally: Zero.

Annie: So this is your second interview of your life?

Sally: Of my life?

Annie: What's your nerves level this moment?

Sally: I actually don't feel nervous at all.

Annie: Okay, great. We talked about before we started that we have to put our headphones on so we have like a professional conversation versus our normal life where we talk about all the things. We can do that. We're gonna have to cut some of it.

Sally: I'll work on it.

Annie: Walker, you've done one gazillion interviews in your life?

Walker: Yeah, quite a bit. But definitely nothing of the magnitude of That Sounds Fun podcast.

Annie: Well, certainly the Today Show, you know, it's fine.

Walker: That's a close one.

Annie: Thank you. Thank you. So for our friends who have not met y'all before, will you give a little bit of how you got to Nashville? Why are we in the same city?

Walker: I'll take that one. So I play soccer. I play for Nashville SC. And I got traded here right before COVID in February of 2020 from LAFC. So that's what brought us here. We showed up here for about a week, then the tornado hit, then COVID came.

So it was a big transition, because not only are you changing cities, but then you're changing cities amongst the pandemic. It was a crazy time for us, crazy time for everybody but just the love in Nashville, the community of Nashville is super special to us. And since day one, it's been a really good fit.

Annie: Sally, if you want to, we don't have to talk about this, but I think a story that those of us not in professional sports don't know is the traded phone call. Will you talk a little bit about that night?

Sally: Yes. So it was a Monday night. As you do on Mondays, you're watching The Bachelor.

Walker: That's the only way we remember the day.

Annie: Yeah, that's right because y'all are-

Sally: And also I was bummed that he got a phone call because it had just started. Like the episode had just started, we were sitting on the couch-

Annie: In what city were you in, just for everybody?

Sally: We were in Los Angeles in Santa Monica.

Annie: And how long have you played for...? It was LAFC?

Walker: Yeah. This was the second season.

Annie: Okay.

Walker: It was gonna be the start of the third.

Annie: Got it.

Sally: Yeah. We were about to start the third. He had come back from pre-season or was in the last week of pre-season. I think it was pretty late. Anyway, so we're sitting on the couch and all of a sudden he gets a phone call from his general manager. And we were thinking it was about a family picnic that they were planning for like the Open Season family get-together. I was like, "Okay, whatever." So I'm watching The Bachelor.

Annie: You didn't pause it?

Sally: No. It's live. It's live.

Walker: You got to tell them we'd gotten the text like an hour before-

Sally: Oh, yes.

Walker: ...when we're eating dinner.

Sally: All right.

Annie: That you were getting a call?

Walker: Yeah. He's like, "Hey, do you have a chance to catch up? Give me a call back as soon as you can I think.

Sally: That's right.

Walker: And Sally literally said-

Sally: Oh, my gosh, I said, "If you're getting traded..."

Walker: "What are the odds that you're getting traded?"

Sally: ...I will lose my mind." And Walker said, "There are zero odds."

Walker: "There's a 0% chance." Final last words.

Sally: That's what he said, "0% chance." So we finished our dinner, sit down for The Bachelor, and then I think you forgot to call him back so he called you. So I'm facing the TV and Walker is walking around the couch behind me and all of a

sudden, he just starts like snapping at me. And I look back, and he's mouthing, like, "I'm getting traded." And I was like, "What? To where?" Because that's all that really matters at that point, because we clearly did not see this coming in and it was not a part of any conversation that any of us were having. And then he shrugged his shoulders and said to Nashville. I was like-

Walker: Had y'all even been here?

Sally: No.

Walker: I had been to youth tournaments and things like that.

Annie: Oh, yeah, for like soccer.

Walker: Never on full pleasure.

Sally: I came to visit my friend from college for spring break for like two days but no, so no.

Annie: And your family's in Georgia, Walker?

Walker: Yes, Atlanta.

Annie: And your family's in Baltimore?

Sally: Yes. And-

Annie: So this is not a city that either of you would have been like, "You know what? I'd love to go?"

Walker: Right.

Sally: Well, no, but when we heard they were getting a team, we were like, "Honestly, if we ever had to go somewhere else, Nashville will be a cool city to live in." Because we've gotten very lucky with Walker's cities, Dallas, LA so much fun, great places to live. So we were just completely shocked.

And the most wild part... we were very thankful, relieved, it was Nashville but so sad to leave LA. I feel like that was honestly the saddest we've ever been as a couple together grieving something that we love so much. It was almost like somebody died. And that's kind of what it felt like. And the most wild part is we find out Monday, and he's gone Wednesday, and then I'm left to just do all the things to move. And he has to go find a new place to live by himself. I have to-

Annie: I mean, you just have to come and meet all these new players and teammates like the day after.

Walker: Yeah.

Annie: Walker!

Walker: So I got the call Monday night, I was on a plane Wednesday-

Sally: Morning.

Walker: I went in the next day to LA, said all my goodbyes to my teammates, coaches, whatever. Oh my gosh-

Annie: And then packed up your locker

Walker: Packed up all my locker in a trash bag. That's like the behind-the-scenes, you know. And then I was on a flight Wednesday morning, got to Nashville, had to do the happy media press. And you're still like processing everything. It was really hard because like Sally said, you're grieving what you left behind. And this was unique situation. Because, you know, at some jobs, you're like, "Oh, I didn't really love that job, or that place of work." This was all love from both sides.

It's just strictly a business decision and it wasn't any animosity on either side. So we were really sad. But then you have to be really excited right away without knowing anything. And I will say-

Annie: At a press conference?

Walker: Yes, at a press conference, appearances, meeting all the new fans. And just like, yeah, I'm so happy to be in Nashville. I will say like, ownership and front office and the fans did such a great job from day one of just being over the top excited for us and our family to be coming to Nashville. I genuinely felt that by that, you know, first, second day of being here, I was like, "Okay, this is really cool. This is a different opportunity for us to have a platform and be able to use that maybe in a bigger way than we have in the past.

So Wednesday, got traded, started looking around the neighborhood's Wednesday night, Thursday. We were under contract Saturday.

Annie: The house that I know? That house?

- Walker:** Yeah. Under contract Saturday on the house and was in Tampa by Saturday afternoon for the rest of preseason for the last week.
- Annie:** Oh, my God.
- Walker:** And I was just still in LA calling the landlord, trying to... We had just resigned our lease for the year and she wouldn't let us out of it.
- Annie:** Oh my gosh.
- Sally:** So we had to basically find renters, which was honestly a miracle. We didn't personally find them but someone finally signed up as we were going to have to start paying double for our house and for the condo.
- Annie:** You call that GM back like, "Hey, you also get to pay for a year."
- Walker:** "By the way..."
- Sally:** "By the way..." And it's hard that you don't get to do any last favorite restaurant or he didn't get to say bye to anyone. I had to go to our community group and church and hang out with all of our friends one last time alone. So I think that's really hard because I'm sad and kind of just left and he's sad but has to transition and be fine, and we're not together for weeks after that. So anyway, it was a wild time but it all worked out great. And we were always thrilled it was Nashville when we heard that.
- Annie:** What are you saying to God Tuesday?
- Walker:** Tuesday, we're just honestly being grateful and thankful for the fun that we had in LA, but still approaching it with such sadness, like still very much that grieving process. Like Sally said, for something that we experienced both together and both being equally just devastated. Honestly, I think it was probably pretty pivotal, like, brought us even closer as a couple just to go through big life moments like that, and have to lean on the Lord and His will and His plan for your life because it was a completely different plan than what we were thinking.
- Annie:** Right.
- Walker:** Like I said, I thought it was a literally 0% chance, I could have seen myself finishing my career out there. And for it to change in one phone call, yeah, I think it brought us a lot closer. And that grieving process is now something that we look back on and it's just a good moment for our relationship.

Sally: But I think all throughout professional sports, obviously, a move is huge, but you know, injuries or whatever it may be, God has always provided for us in far better ways than we ever imagined He would. Like when Walker was in Dallas for five years, I lived there the last year after we got married. But he used his high school English teacher to become my co-teacher when I taught preschool there, and she has now become one of my very best friends. She then introduced me to the family I then nannied for in LA, who became some of our very best friends, which was part of the reason why we were devastated to leave because I loved my gig with them so much.

So we were so sad, but I was never angry at God or questioning His goodness or questioning His plan for us. I feel like that's not really a posture we struggle with, which I'm thankful for. It was more just like, "Okay, now I just can't wait to see what you're gonna do in Nashville because you've already really blown us away, and we were so happy and content."

And that's why it was so shocking, because we were like, "We don't need anything else. We're thrilled. We loved our neighbors, we loved our church, we loved our setup, we loved our street, we loved every single thing about where we lived. And the soccer was the best soccer I think you can find in the MLS in terms of like European feeling experience, just that level of... And at the time, Nashville didn't exist. Now we're in Nashville.

Walker: We didn't know what to expect here.

Sally: We didn't know what to expect here. But at the time, that was the best place to be. So you're like, "Well, what is God going to do now because we don't need anything else? Like we don't feel like we're lacking in any way.

And then it's actually been so cool to live here for the past three years and it has been some of the slowest routing love. It's taken us a long time to feel comfortable in terms of meeting people and building community because we did move during COVID. But it's really opening up and it's the opportunities that, you know, Walker's having to speak or us as a couple of people, for some reason care what we have to say or want to hear our story. I don't know if that would have even happened in LA or just the way that the club really respects Walker and the way that they make us feel and just all of that kind of stuff is just huge. And it's a happy homey place. And now we have Tucker. It just makes a difference.

Annie: And what else?

Sally: And we're having another one.

Annie: Yes. You're gonna name her Annie, right?

Walker: Baby girl.

Sally: Yeah, we're gonna name her Annie, after you.

Annie: That's what I was thinking. That's what I was guessing.

Sally: Annie Fun Zimmerman.

Annie: There you go. I think it's interesting to hear that story because you've now technically been here longer than you were in LA. Right?

Walker: Which is crazy.

Annie: Does it feel that way?

Walker: No, it doesn't. I think COVID obviously does that for everyone. But yeah, to think this is the fourth season now in Nashville, and I only had two in LA is pretty crazy. It's that time warp that I think we're all experiencing of the past three years and what they were for us.

Annie: And Dallas was five?

Walker: Dallas was five full seasons.

Annie: So next year will even up...?

Walker: Will even up, yeah.

Annie: ...with your longest.

Sally: Which is so crazy because we were long-distance for four.

Walker: Four of those.

Annie: Oh my gosh.

Sally: So to think that we lived in the same place... I don't know, that just felt so long.

Walker: We've now lived in the same place and equal amount of time as when we were apart.

Sally: Wow.

Annie: Oh, yeah. That math I cosign them out.

Sally: That is mind-blowing.

Walker: That's actually pretty scary.

Sally: Yeah. We've lived a lot of life in that time. When you think about the other half of it, I was just in college and then in grad school.

Annie: A lot of soccer life and family life. I mean, Tucker and a new baby. That is a very different thing.

Sally: Yeah.

Annie: Walker, now at Nashville SC, I mean, you're the captain?

Walker: Mm-hmm.

Annie: So everywhere you go here people know who you are.

Walker: Yeah, definitely more so than in the other two cities. But also after the World Cup I think that was a big exposure for me as well with maybe not even your soccer fan but then you're more casual just "oh, let's watch the US playing the World Cup. Oh he lives in Nashville." You know, just a casual fan I think it's gotten more exposure for sure in social settings.

Annie: And you're very tall and you have man ban.

Walker: The hair doesn't help. The ban doesn't help.

Sally: The ban does not help.

Annie: You set yourself apart.

Walker: Yeah.

Annie: That helps.

Walker: It is a very big identifier for sure.

Annie: The video the Arsenal keeper did talking about you and the guy calling you Thor... I mean, I know people say that a lot but I was like, "Look at Arsenal talking about Walker."

Walker: I know. I know. That was fun a little bit that they did.

Annie: That was so funny.

Walker: I'll spill the beans. We got another special announcement.

Annie: What?

Walker: We got a bobblehead night.

Annie: You're lying.

Walker: Geodis Park, April 22nd.

Annie: So two days after they hear this. This is Thursday. On Saturday night we get a Walker Zimmenam bobblehead? I am dying.

Walker: For those listening, it's secret right now as we speak. So I'm actually glad because I'm not gonna get in trouble for releasing it first. But yes, two days after this podcast-

Annie: Oh, I cannot wait.

Walker: ...come to the game. It's actually a Thor bobblehead-

Annie: Stop it. But it's you?

Walker: ...of me.

Annie: Is it hysterical? Do you love it?

Walker: It's great.

Annie: Is it your first bobblehead?

Walker: It's my first bobblehead.

Annie: Your inaugural bubblehead?

Sally: It's the first MLS bobblehead.

Walker: I wanna say it's the first MLS bobblehead that they've done.

Annie: Walker!

Sally: I know.

Walker: Yes. Yes.

Annie: I can't wait. We have to get together there so early. We have to get together there so early.

Walker: See, that's what I don't know yet. I don't know if there's like, "Oh, is it just the first 500 people?" I don't know exactly what the process is for the bobblehead.

Annie: We're gonna research that. Your girl.

Walker: They're like, "How do you know about this?"

Annie: That's right. I'm gonna be calling Chris Redhage right now. "Pull me out of the bobblehead."

Walker: Exactly.

Annie: I'll put you up next to Dansby, on my Dansby bobblehead here in my office. So I'll lighten y'all up with your bobbleheads. I cannot deal that there's gonna be a Thor/Walker Zimmerman bobblehead on Saturday night. Fantastic.

Walker: I can't imagine what Tucker is gonna do because he already walks around seeing my face anywhere on like a t-shirt or something, he'll carry the t-shirt around downstairs, he's like, "Dada. Dada." So a bobblehead that actually moves it's head, I cannot imagine what he's gonna think of that.

Annie: It's gonna be so helpful when you're gone.

Walker: New favorite toy.

Sally: This morning he was crying pointing out this t-shirt with a picture of Walker's face on it because I wouldn't spread it out on the floor because we had to go to school. And he was like, "Dada, dada." I'm like, It's just a picture of dada. He's at training. You will see him soon. It's okay. We have to go."

- Annie:** Tell everyone how old Tucker is now.
- Sally:** Tucker is going to be two in June. So you can do the month math.
- Annie:** So there'll be 26.5.
- Walker:** Yeah, roughly.
- Sally:** Hopefully. Hopefully.
- Walker:** TBD on that.
- Annie:** The other day, I texted her because I have a spreadsheet of all the babies that are coming this year and you're on the spreadsheet. There are 17 babies in my life.
- Walker:** Oh my goodness.
- Sally:** Oh, 17. That's more than when you texted me. Two more.
- Annie:** We've gained. We've gained two. Two people said, "Am I on the list?" And I was like, "No, you're not. I didn't know. Congratulations." So I was like, "What's the due date?" She was like, "Well, later, but it's gonna be earlier." I was like, "Okay. I'll be ready."

[00:18:17] <music>

Sponsor: Hey friends! Just interrupting this conversation real quick to share about one of our amazing partners, [Sundays for Dogs](#). Just the other day our team was talking about their dogs while we all ate lunch at the double-wide because we all know those cute little things are part of the family too. If we as humans care about our bodies and what we put in them, we care about what the dogs are eating too.

Sundays for Dogs is healthy dog food that's actually easy to store and serve for your little guy or gal so they get a meal that both tastes good to them and keeps them around for a long time. Sundays is air-dried dog food made from a shortlist of human-grade ingredients.

Co-founded by Dr. Tory, a practicing veterinarian, Sundays contain 90% meat, 10% vegetables, and zero synthetic nutrients, which is kind of how I want to eat too. Besides USDA beef and all-natural chicken you'll find digestive aids like pumpkin and ginger plus disease-fighting antioxidants.

Fallon, you know Fallon, she runs the That Sounds Fun Network, and is the co-host of our favorite snack podcast, The Snack Show, she has a cute dog named Teddy who loves his food from Sundays for Dogs. Might not give your dog food that's actually good for them and that is as popular for your pup as it is for Teddy and Fallon.

Dog parents, like Fall, report noticeable health improvements in their pups. Plus every order ships right to your door so you never have to worry about running out of dog food again. We got a special deal for our dog love and friends. Get 35% off your first order of Sundays. 35% off, you guys.

So go to Sundaysfordogs.com/thatsoundsfun or use the code THATSOUNDSFUN at checkout. That's sundaysfordogs.com/thatsoundsfun. Upgrade your pap to Sundays and feel good about the food you feed your dog.

Sponsor: And have one more amazing partner to tell you about. Listen, if your dogs are barking, feed them Sundays. And if your dogs are barking, you need [Rothy's](#) shoes. Do you see what I did there, everybody? Do you see it? I'm so proud.

Y'all, I'm already thinking through what to pack on the Here for You Tour with Carlos this summer. I cannot wait. I hope you're joining us. And my Rothy's are literally always in my wardrobe rotation. Y'all know I'm pretty breezy on tour about most things except for one: I hate single-use plastic.

So we have refillable water bottles or box water instead of plastic water bottles whenever possible on the road. It's one of my favorite things about getting to partner with Rothy's. Everything at Rothy's is sustainably made with their signature thread repurposed from single-use plastic bottles.

With Rothy's shoes and bags, you can upgrade your wardrobe in a chic and sustainable way. Rothy's are durably designed so you can keep them in your closet longer. You can even pop them in the washing machine when they need refreshing, which I am literally hand to heaven doing today. I'm washing my Rothy's today.

I've had my Rothy's camo cat sneakers for a couple of years and they are still so comfy and so versatile. Plus, they still look like new because after days like today where I watch them in the washing machine.

Give your spring and summer look and upgrade with Rothy's vibrant shoes and bags that are available in so many fun colors. And with 45,000-star reviews, the proof is in the numbers. Rothy's are made to last. Listen y'all, for stylish and sustainable shoes, shop Rothy's. You can get \$20 off your first purchase at Rothys.com/soundsfun. That's our Rothys.com/soundsfun.

And now back to our conversation with Walker and Sally.

[00:21:32] <music>

Annie: Let's talk about the World Cup? I think that'd be really fun. Sally, how long were you in... Is it Qatar?

Walker: Yeah, we're gonna say Qatar for this.

Sally: I was in Doha for I guess a week basically?

Walker: Yes, eight days.

Sally: Maybe eight or nine days.

Annie: And saw how many games?

Sally: Two. I just went to the first two games.

Annie: And the US played in four?

Walker: Correct

Sally: Oh, yeah.

Annie: Yes. Because three in the-

Walker: Group stage.

Annie: ...group stage and then one in the first knockout rounds?

Walker: Yeah.

Annie: Will you talk a little bit, Walker... This is one of my favorite things. Will you talk about the dream of getting on the World Cup roster?

Walker: Yeah.

Annie: Not only do you have to be good enough, you have to be good enough in the right year.

Walker: Right, right. No, that's so true. I mean, you see so many talented players that just miss out. And you think about even injuries, the unlucky people who have had an injury within six to eight weeks of a World Cup, it's so sad because it's every four years.

Annie: And then it's four years.

Walker: And you don't know where you're going to be in your career at that point. For me, like anyone else who went on the team, obviously, that's the biggest event in our sports, the pinnacle of our sport. So that was always a dream for me.

Annie: When you say "always", tell me the first time you really remember thinking, "I want to play in the World Cup?"

Walker: Well, I think one moment stands out amongst all the others. And I was basically training for UA Team National Team camp. So I'm probably junior, senior in high school, and I'm at my local YMCA and I'm just grinding, getting ready for this camp and doing many triathlons for myself, crashing myself the why after school. I was on the bike... I think I'd already swam and ran. And I was on the bike and vividly I was like, "I don't want to just be a part of the UA team men's national team, I wouldn't be the captain of the UA Team.

Annie: Wow.

Walker: And then my head, as I said, I'm like, "No, that's not big enough at all." I was like, "I want to be on the Full Men's National Team." It was such a clear conversation in my head that I remember. And as I said, I'm like, That didn't fill me up. That wasn't big enough. And I was like, "I want to be the captain of the Full Men's National Team." And it felt like, you know, at that time-

Annie: And then you're like, "That's it."

Walker: And I was like, "That feels appropriate. That feels like a goal that I can chase." That's at 17, 18 years old. It still gives me chills thinking about it, because that was the defining moment of like, "This is my goal and this is what I'm gonna chase."

Annie: How old are you now?

Walker: Now I'm 29. I'll be 30 in May.

Annie: I mean people need to hear that—that sometimes dreams take 11, 12 years.

Walker: A decade. So, for me, making the team was amazing. It was always a big goal. Like I mentioned kind of earlier being a part of National Team, World Cup is the biggest part of that. And then, you know, to play. It's one thing to make the roster, it's another thing to have the opportunity to start and play in a knockout game. It's really sweet to think about the favor and blessing that the Lord has had over the timing of everything.

You know, because like you mentioned, I've had injuries in my career, I've had ups and downs. And for it to all work out where everything was just kind of peeking towards the World Cup at perfect time, it was really special and a great experience.

Annie: So there was one goal that you stopped from going in and you became the king of America. The internet could not deal with their love for you. There were other moments where they did not agree with the decision you made on the field. And it is like a global backlash.

Walker: Oh, yeah.

Annie: How do you deal with that, Walker? What do you do?

Walker: Honestly, it was so funny. It'll be interesting to have Sally's take on this, too, in terms of social media because that's obviously just become such a polarizing tool.

Annie: I'd never seen that happen to a friend of mine.

Walker: So it was funny because, you know, first game we were playing Wales and we're up one, zero, it's getting late in the game and I give up PK, and they score, we're tied one-one. We end up tying the game one-one. In that moment, it's like people are gonna obviously watch the game back, watch the play in slow motion, look at it as if they're playing Playstation-

Sally: Can I explain what a PK is for the people listening?

Walker: Yes, yes.

Annie: The other guy from Wales was getting ready to score, he was in a position that he might have been able to score, you stopped him in a way that the refs deemed illegal.

Walker: Yes, a foul.

- Annie:** ...which gives him a chance to just take a shot from a point in the box right at the goalie, and no one else is around because the ref deems that you intercepted what possibly could have been a goal.
- Walker:** Correct. Foul in the box. So yeah, that happened and immediately... Sally later told me my social just blew up.
- Annie:** Were you seeing it happen, Sal?
- Sally:** I mean, Walker does do his Instagram. Like he's aware of his Instagram account, but I am the one that's usually executing posts and whatnot. So I-
- Annie:** Walker is aware of his Instagram. That's the right sentence.
- Walker:** That is perfect.
- Annie:** I mean, that's probably what is true.
- Walker:** I'll look at it, I'll check it. But posting, I need her help.
- Annie:** That's what most helpful for people to hear of like you don't sit in your Instagram. You're aware it exists. And that's probably how you're able to do this.
- Sally:** And I'll check DMs. If someone messages you back, it's not me. I don't message for him. But anyway, so I'm his social media manager as you could say. So I logged on to his account on the bus ride home. I don't know why. Honestly, after seeing Walker, after the game, he didn't even seem to think that was such a horrific play that he made. He didn't feel terrible. I always like look to him-
- Walker:** Well, in my head, for the play itself, there's some PK's that you give up where you're like, "I blatantly made that choice knowing it was risky. I went for the ball, I miss whatever." This was like it felt very unlucky in this situation because of where he came from in the blind side. I'm going down to the ball not to make a challenge on him because I don't know he exists at this point. I had to drop down to get to the six to block across.

When they cut it back, I'm going straight for the ball and I'm trying to poke it out of the box and have to slide to get to the ball. So the fact that like, in my head, it wasn't a knowledgeable choice, like, I'm going to try and I'm gonna take this guy out and risk challenging. It's like, "I'm just trying to clear the ball off the box."

And he comes in and to be fair on his part, world-class player, he knows at this moment he's not even going for the ball. And this is where it's like the awareness of

special players forwards. He's not trying to hit the ball right there. He's trying to put his leg in front of mine, so that I hit his leg instead of the ball. So it's awareness-

Annie: It was a chess match for a second. So in my mind is like, "Man, that was really unfortunate, really unlucky. I'm not gonna beat myself up about it because we got other games to play. I can't allow this to affect me, affect the team." Sure, mistake, whatever you want to call it. I'm gonna move on and be ready for what's to come because we got two big games left.

Sally: I'm not knowledgeable enough about soccer to really know if that was a good player, a bad player, what he should think about it. So I always look to him to see how he feels after the game and he didn't seem to feel terrible. Like, I've seen him feel terrible. He didn't seem to feel terrible. So we were just kind of like la-de-da...

Annie: Like on the bus back to there.

Sally: Yeah, go back on the bus. I logged in to his Instagram account, I guess maybe I was on mine and then it showed me his picture he had posted for his first game in the World Cup, and all of a sudden, I just started seeing these terrible comments. I was like, "Oh gosh, we've never really experienced this before.

So I logged into his account and just start deleting them because I was like, "I'm assuming there's only going to be 10 of these. I don't want Walker to see him after the game. He already feels bad enough. You know, he knows what he did. It is what it is. We didn't lose. I was like, "I'll just clear them out for him." As I started going, I realized there were so many more than I even knew.

Walker: They're coming in faster than you could delete them.

Sally: Right. And there were already more than I even knew when I started. I didn't even see how many were already there. And then I opened his DMs and I started reading some and I was like, "Whoa, this is wild. I mean, people were recreating... Walker has the verse "Beautiful are the feet of the messenger who brings the good news." I can't even say what they were recreating on this lovely podcast even though it's actually funny, even though it's terrible.

They were recreating that verse to bash Walker. I mean, people were telling us that basically Walker ruined the world.

Walker: It was pretty bad. Obviously, you get hate messages all the time as athletes and as professionals-

Annie: That's so shocking that people do that.

Walker: Oh, yeah. I mean, the funny ones were when people will send you the Venmo requests. Those are my favorites.

Annie: For their ticket?

Walker: They send you the picture of their bet and it's like, "USA shutdowns and it's like you brrrrr. And like, send you the request on Venmo like, "You owe me \$200," whatever it was. It was pretty funny.

Annie: And you just self-control to not let it get to you?

Walker: So honestly, there were so many that you just can't let those lies fill your mind or change your mindset. I actually started going through them with Sally and my brother who was actually also in Qatar, and we were laughing about them.

Sally: You have to.

Walker: Just like, "What makes you attack someone so personally, so blatantly?"

Annie: He was one of the 11 elite athletes in our country.

Walker: It was crazy. One of the more frustrating things then after that, probably more so than the messages themselves were when people then started to speculate about how I was handling it or processing it, and be like, "Oh, I just hope they have roommates because I'm telling you, he's gonna need support system. He's gonna be nervous for the next game." And I'm like, "You don't know who I am. You don't know how I've trained my whole life. You don't know the way that I'm handling this mentally. Don't project any of that on me."

That was more frustrating than the actual hate messages themselves. But I think it was important to have my family there to process those. They probably were smart and aware of like, Let's make this a little more humorous. Let's make this more lighthearted. Don't let this affect him as much as it could." That was super helpful. And I feel like I was able to move on, and to your point, be very impactful in the future games.

Annie: Yes. You were very emp... You were the king of the world for a minute. I mean-

Sally: That's also frustrating too.

Annie: Internet turned that quickly.

Sally: But that's what was frustrating too, because I told Walker after he saved the third game I would rather those people who hated him just continue to hate him. I don't like that they hated him and then they were obsessed with him and praising him. To me, I'm like, This is so wild that you can flip-flop on people like this.

Walker: I don't think the people that were hating me were then praising me to be honest. I think it was a whole new crowd.

Sally: That's true.

Walker: I think it's a whole new crowd.

Sally: Yeah, that's true. But it just felt so whiplash and unnecessary. The whole thing just feel-

Walker: That's the profession that we're in. You can hero to zero in a single game.

Sally: Walker does the best job of handling it. We honestly both just don't really care that much.

Walker: It's not caring but being able to separate your worth or your identity or-

Annie: Or your ability to play the next match.

Walker: Yeah. And there are times in Nashville where I'll be so mad after a game or so frustrated that I text Sally, I'm like, "Hey, it's gonna be a little while tonight. I can't bring this home to you with family. I'm gonna try and calm down because honestly I'm too worked up to be home right now." That is such a healthier way-

Annie: What do you do? You stay in the locker room?

Walker: I'll be doing all my recovery stuff. So I'm always like the last one out, do some biking, some massage, some contrast baths and just like decomp... I'll either eat there, whatever it is, just until I'm feeling in a space where I can go home and not have this crazy emotion, that competitive thing that's just driving my action. That's something we've learned and is a really, I think, healthy way of handling those moments.

Annie: I think people forget that there are faith people in jobs like yours. That there are people who are having an experience with God while they're also having the internet go right and left on them in a daze. I think it's true in politics, too. People forget that there are faith people in these jobs, and you just get yelled at constantly

or cheered for constantly. It is very rarely that someone neutrally experiences you on the pitch.

Walker: Yes.

Sally: That's true.

Annie: I was like, Man, I can't wait till Walker and Sally are here because I want people to hear that who we get to be is the ones who celebrate you all the time. For whoever our athlete is that we love, for the sports team, we're watching for the whatever, I'm just going like, Man, there's just so much bigger, so much bigger-

Walker: What's interesting is, sprinkled amongst the thousands of hate messages, there were some that you know people reach out on a human level like, "Just wanna let you know you've been so good for us in the past year, don't let this get you down. You got this. You're my favorite." And you're like, "Wow, that's what social could be used for is building people up in moments that you think they might be getting torn down.

Even friends who had reached out and former teammates were like, "Hey, don't let this bother you. You've been great. I know you're capable of doing considerably more in the next couple games. Keep focused on that. Whatever it is.

Annie: Did your phone blow up after every match?

Walker: Oh, yeah, it was insane.

Annie: That's so cool. I mean, the whole world watches those games.

Walker: I don't even know how many messages were coming out after every game. But it was definitely the most I'd ever received.

Annie: How did the experience for both of you compare to what you thought the World Cup was going to be like?

Sally: Well, for me-

Annie: I'm sorry people can't see Walker's side eye.

Walker: I gave Sally the opportunity to answer first.

Annie: Yeah, Sally can answer first.

Sally: Well, for me, Walker and I have very different... We're made up very differently. I am very much like, "You dreamed of this goal, you finally reach the goal, you enjoy the heck out of the goal and then you can relax." And Walker's like you dream for the goal, you reach the goal, you live the goal, you work harder for a new goal." So for me, it was one of the biggest exhale moments in our whole relationship.

Annie: Oh, wow.

Sally: Because I started dating Walker freshman year of college and he told me this dream. Oh, the coolest God story of all time is the first day we hung out in college was November 9, 2011, and the final roster came out November 9, 2022. So to the day-

Annie: Oh my gosh.

Sally: What is that? 11 years?

Annie: Yes.

Sally: The night Walker told me his dream, exactly 11 years later it came true, which is just the coolest thing ever.

Annie: Did you write that down somewhere? I mean, we have it recorded. That's a very good thing to not forget.

Sally: Yeah.

Annie: That is really cool. I like when God does that. Ge doesn't have to.

Sally: No, He doesn't have to.

Annie: He's so kind.

Sally: It's so awesome. I kind of just dug into Walker's dream as soon as he told it to me and sort of took it on as my own too. So for me to watch him walk out onto the field for his first game in the World Cup was so overwhelming and just unbelievable. I've just never been happier for him in our entire lives.

For me, I just relish in the whole experience. I thought it was so much fun. But I also didn't grow up a soccer fan and I truthfully don't know a ton about soccer. I didn't really fully understand what other World Cups were like with the crazy fans

in the streets and how everyone just floods to those cities where the games are being played. And it's rowdy and it's wild and fun.

Qatar was nothing like that. It was quiet and kind of exclusive who was there because you couldn't fly to Qatar, I think they said, without a ticket to a game. There was no alcohol, the dress code was relatively strict. It was just a different vibe. So I think-

Annie: The next world cup is here, right, in the US?

Walker: Mm-hmm.

Sally: Yes.

Annie: In North America.

Sally: Which will be really fun. So I think I understand, Walker will explain more maybe how that makes a difference from his perspective of what he always thought a World Cup would feel like versus what it was. But for me, I thought it was crazy enough because we were in Qatar.

Annie: A stamp on your passport you didn't know how you'd get.

Sally: I wasn't ever anticipating that one. But no, for me, it was honestly exactly what I would have ever hoped I would be. Although I wish we could have seen each other more because it was very secure and strict and we didn't really get to experience it together as much, which would have been amazing. But I had the time of my life.

Walker: I think it was two completely different experiences for a fan or a family member versus a player. I mean, for us, it was so much focus and concentration going into what we were doing and the importance of it. That yes, we had fun, yes, we had our free time but we were locked out. We were at our hotel, not really seeing family and friends that much. I mean, yes, we had a couple hours every other day or so to have a moment or a meal-

Sally: Visiting hours.

Walker: Visiting hours, exactly. But I think for me, maybe I thought prior to the World Cup that I would feel the same way Sally did, have like an exhale or a relief. But to be honest, it just turned that switch of the competitor in me more. I had realized like a couple years ago, you know with a National Team, your schedule, you don't get the same time off. You don't get the offseason that other players get.

And for the past four years particularly they've added some December camps, the early January camps. And off time for me has literally only been about... I've taken no more than 10 days off in terms of the offseason, like not doing anything, every year for four years—less than 10 days.

And probably after the first one, maybe around the second one, I realized, like, I can approach that in one of two ways. One, be like, throw a little pity party and be like, "Oh, this is just like... What a grind! Man, this is frustrating. This is hard." But then I was like, your career, it's such a... there's a time. Like, there's a time horizon on that. That I don't want to have any regrets at the end of this, that I didn't work hard enough, that I didn't stay focused to play as long as I can, as high of a level as I possibly can.

So once you accept that is the reality and you're like, "No, this is just what it is. This is my life. This is what an offseason looks like: it's hard work. It's harder to work than the regular season for sure," that's the sacrifice that I think gets you to that next level.

All that to say, after this World Cup, I thought I was going to have that exhale, that relief of like, man, I accomplished what I wanted. But it went by so fast. And you speak of like, Yeah, it was a dream for like 11 years, or really you could call it your whole life of playing the World Cup. And for it to happen in like three weeks, that is such a blip in your timeline, like life, career, whatever. It goes by so fast that I was on the plane back home and you're like, "Was that it? What I had dreamt of?" Did that satisfy me at a level that I thought it would? No.

Annie: Did you get to captain this game?

Walker: I did not. Not the world cup.

Annie: So it was still that waiting force.

Walker: Yeah, still have that.

Annie: What competitive in you turned up? We're gonna go back in four years and I'm gonna be a captain.

Walker: Yeah, I think the motivation of like playing in another world cup, especially on home soil and not being satisfied about just making one World Cup. And just not being content with where I've been. The reality is 33 years old, next World Cup, that's a prime age for center back. You can do that, no problem.

Annie: The guy next to you did. Tim.

- Walker:** Tim. Tim's 35. It was a weird reality of it didn't fill me up the way I thought it would.
- Annie:** You gotta preach that Walker.
- Walker:** That can go for everything.
- Annie:** Literally for everything.
- Walker:** You always think like, "Oh, if I just have this, if I just had this, if I accomplished this." Yeah, that just wasn't the case for me and it's not the case for a lot of people.
- Annie:** I say a lot to people that when people ask me on the road, like Q&A events about desire or wanting or you know, it's always just like, We are always going to want. Because you ate lunch, you're still gonna want dinner. So it's interesting to hear that at such an elite level that you still left wanting dinner, like you still were like, oh, yeah, the Earth does not satisfy. Nothing here is ever gonna satisfy the way that I want it to.
- Sally:** I feel like that was honestly the biggest takeaway from the World Cup was like nothing will ever be enough. Because once you-
- Annie:** What a gift to learn that!
- Sally:** ...you get to where you thought would make you feel a certain way or once you make a certain amount of money that you have in mind, or whatever it is, once you actually get there it's still not enough. There's always more.
- Annie:** Yes it's wild, isn't it? It's a wild thing about us. We will only know this in four and a half years but I wonder what kind of freedom that brings you for the next World Cup? Because there's not 11 years of expectation hanging on it.
- Walker:** Right.
- Annie:** There is "I've done this before, and I've been good at it," and now I'm going to be better." I think it's really interesting to think about-
- Walker:** I think experience plays a huge role in that. And that desire to go back is because there was only one member on our team who had been to a World Cup. So looking at whether I go or not, for our team to have all the experiences that we just had going into 2026. I mean, it's extremely helpful to have guys who have been through it and know... To attest to the exact what we talked about, you know, whether it's

the highs and the lows, hey, you can be the fool in one game and the hero in another, and how do you balance those emotions? So yeah, having those conversations with people. It's gonna be really influential to have guys who've had experience.

[00:44:16] <music>

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And now back to finish up our conversation with Walker and Sally.

[00:47:02] <music>

Annie: So now that you are clearly the That Sounds Fun favorite soccer player in the globe, when our friends see you play on TV, or Sally, when they see you and Tucker and baby girl on the sidelines, when they see you and they think, "I am gonna pray for them," what do you want them pray?

Walker: I don't think anyone's ever asked me that question.

Sally: Me neither.

Walker: That's a great question.

Annie: Thank you. My dad loves when people say that. He will text me, "Walker said it."

Walker: That's a really good question.

Annie: Thank you.

Walker: I think just to continue doing what we're called to do. I think one of my biggest [00:47:39] a preaching point of just how I feel about life and my job and the role of us as humans is use your God-given gifts to the best possible ability to like, you know... use it as a platform to tell others about Jesus, to show that love of Jesus.

So for them, I hope that when they watch me, they see I'm playing with a passion and a competitiveness and a joy and intensity that is like honoring what I've been given. So I hope that like the prayer be that we as you know, Sally as the supporter and caretaker and mom that she is, we would both just attack those jobs with that vigor of honoring God with what you've been given.

And that they too could hopefully see like, wow, he is attacking like what he's been blessed with, with that intensity. Let me do that with my talent. That's one of the things I'm most passionate about is people using their gifts to their fullest potential. I hope that for anyone who watches me play that they see that I'm trying to do that and that they'd be inspired to do that in their own path and passion.

Annie: I try to cheer for you at the level you bring. So if you hear me up in my section, you're like Annie is bringing her full self unto the glory of God-

Walker: I love that.

Annie: ...yelling for Walker Zimmerman. What about you, Sal?

Sally: I think similarly, I would just ask that they would pray for me to continue just delighting in where God has me because I feel very called to this role. I feel very thankful and honored to be a part of Walker's life in this way and to be partners in all of it. I honestly am just so thankful and joyful. I love our days. I really do. And so just to continue giving me the grit in the grind.

There's a lot of solo parenting. It's a little life that we live and occasionally that can try to bring me down. So I think just to be constantly encouraged, like God has called me to this role and I'm made perfectly for it and just to continue allowing me to delight and enjoy every second of it. Because it is also short-term.

Walker: Not wishing it away. We talk about that a lot, like, man, it's hard, especially right now when you look at the blessing of the national team. And the reality for Sally is that, man, that really sucks for her life, to be honest.

That adds all the free weekends that are international breaks, all the summers of Gold Cup or Copa America, whatever it is. When you're gone for a month at a time, well, there's another side of that. And that's Sally being with solo parenting and taking care of the kids. That's not easy. But it's like, Let's not wish that away because this is what we've always dreamed of. There will be an end to it. There are still a ton of perks that other people don't have that... I'm home. I'm home in the afternoon every single day.

Annie: Yeah, we're here two o'clock.

Walker: Yeah, exactly.

Sally: When he's home, he's home and when he's gone, he's gone.

Walker: So not wishing that away is a big thing. That can also be another prayer request, you know, that we would continue to stay present and appreciative of what we've been blessed with.

Annie: Sal, one of my very favorite things about being your friend is how much you feel called to your life. It is so fun to watch. I love that. That's what you can communicate really well to. Because it does feel so true. It feels like you know what God has asked you to do with this season of your life. And it is as important, if you're not offended by that, Walker.

Walker: Not at all.

Annie: It is as important as what is Walker is doing. The global impact would not be global without you.

Sally: Thank you. It's a huge blessing for sure. I recognize how grateful I am that I do have that perspective, too. Because I think that is a gift in itself.

Annie: Okay, what did I not ask you I need to ask you? Anything? Did we forget anything very important? Okay. Well, then the last question that we always ask. I have been so excited about this. Sally, you're gonna go first.

Sally: Oh, jeez?

Annie: Because the show is called That Sounds Fun, Sally Zimmerman, tell me what sounds fun to you.

Sally: Oh, my gosh. Oh, in this exact moment, I would love to be at a resort with Walker for even just two or three days.

Annie: Where are you going? Where in the globe? Mexico?

Sally: Honestly, no, because we've kind of gotten sick in Mexico recently. I do love Cabo. I really do but I'm just not feeling that right now.

Annie: Sure. Sure. Sure. Fair. Fair. Fair. Fair. Fair. Your bodies need to recover.

Sally: Yeah, yeah, yeah.

Annie: So where do you pick in the globe?

Sally: I don't even honestly care.

Annie: You're like, "I don't care is at a pool, at a restaurant."

Sally: I just want to be at a really-

Walker: Is it above 80 degrees and we have good food at the resort and a comfy bed?

Sally: And can I see the beach? I just want to be on the ocean and chill. I just want to unplug. That sounds really fun.

Annie: Yeah. That's a very good answer. We're also in the middle of the MLS season. So I wish you well on that.

Sally: Oh, yeah.

Annie: It's gonna be a minute.

Sally: It's not happening for like 10 more years, but-

Annie: Oh, my God, 10 years, Sally. No.

Sally: No, I'm just kidding. When we get an offseason longer than a week, then-

Annie: And you said you only needed three or four days.

Sally: You're right.

Walker: That's true.

Sally: That's true.

Annie: I can stay with the children.

Sally: Oh my gosh.

Annie: Y'all go. It's all handled.

Annie: Tucker only cry like the first eight minutes. That's our rhythm. So it'll be fine. What about you Walker? What sounds fun to you?

Walker: This is probably a little cheesy but I would say-

Annie: Also, we don't judge our fun around here is one of the rule.

Walker: Over the past couple of weeks, like past month, I feel like there's been a dramatic shift on my part for my scheduling abilities. I'm normally not organized, not a planner. And one of the things I've been working on this year is trying to get ahead of that. Because what I think we've noticed in our relationship is the whole expectation thing or if I drop a social hangout on her last minute, it just doesn't go over well.

Sally: It wasn't on my color-coded planner so definitely ain't happening.

Walker: Exactly. So trying to get ahead and plan, whether it's like things that we're doing with other couples, date nights, things for myself, whether it's like golf with some friends, game nights. Like whatever it is, just like getting ahead of it. I will say since doing that, we have had so many more hangouts with other couples and friends in dates-

Annie: Oh my gosh, is that the key that unlocked this door? Sally, you have not told me this. Sally and I went on a walk right before-

Sally: I guess we didn't put this together.

Annie: Until this moment?

Sally: I thought it was just because he was home versus not being home in terms of my freedom with my schedule.

Annie: If you knew how much we talk about this.

Sally: Walker is building it up.

Walker: I mean, I heard this.

Annie: You are answering the prayers of your wife and your friend.

Walker: Wow. Wow.

Annie: Because I mean, we talked right before the World Cup about increasing community and being around people. And I said to her when y'all walked in, "Sally, you're spending so much time with friends. I love it so much.

Sally: I know. It's because Walker... he's dialed in.

Walker: It's almost like probably a little bit.

Annie: Walker, you're answering a prayer.

Walker: It's a little bit annoying for her probably because anytime she like is in the living room or kitchen where our calendar is, she sees me just like staring at it with a pen in my hand. She's like-

Sally: I'm like, "No."

Walker: She's like, "Wait, wait, wait, wait? What are you planning?" So honestly, what sounds fun to me is like what we've been doing the last month, which is like increasing our time and being more efficient with planning. We're having less days of... Sure there's time for like the night dates at home and relaxing and taking care of yourself in that way. But we've dramatically increased our time and flexibility to hang out with other couples, have playdates, have dates with just us, game nights, whatever it is. I think that's honestly made me a lot happier, made Sally a lot happier and has created a better rhythm within our social life.

Annie: When I tell you I get to write answered across one of the prayers on my wall about this and it is you who answered, who God uses-

Sally: That's hilarious.

Annie: I am shocketh about this.

Sally: He's matured.

Annie: Oh my gosh.

Sally: It's taken over six years for him to use my calendar.

Walker: She's been trying to get me on that family calendar because my organization is-

Annie: What the Lord doeth.

Sally: He will in time, everyone.

Annie: Oh my gosh.

- Walker:** Yeah, in time. We talked about the other dream was 11 years, this one was six years.
- Annie:** That's right. That's right. I mean, y'all are game night people.
- Walker:** Oh, yeah.
- Sally:** He is. I will go and enjoy a game but I'm not going to passionately plan. I am.
- Annie:** I was just told about Unstable Unicorns. Have y'all heard of this game?
- Walker:** No.
- Sally:** No.
- Annie:** Okay, I'm gonna get it. We're gonna try it. I don't even like games. One of our friends on an episode told us to try this game.
- Sally:** Okay.
- Walker:** I'm down.
- Sally:** If you don't like games and you like it, then there's a better chance I'll like it as well.
- Annie:** Yeah, yeah. Same. I'm not a game-
- Sally:** I'm not a gamer. Also, I'm not competitive at all.
- Annie:** Oh, so you're like, "What are you doing?" And I'm like, "We can't be friends." I'm like, Downs, get out of here. You're too much for this scenario.
- Sally:** That's Walker. That's why I think we're good pair. Because when I say I don't care, I think earlier in the podcast, I said I don't care about people throwing him hate, whatever, I just I'm like, "You know what? I'm just gonna chill."
- Annie:** It's good. It's natural. How do you feel about The Bachelor by the way?
- Sally:** We didn't even watch the season.
- Sally:** Oh, that's right.
- Walker:** First season I haven't watched in like... I don't know.

Sally: Honestly the whole-

Walker: It could be second or third I haven't watched in 10 years.

Annie: Same. I have watched everything until COVID. Literally, I think I've told you this, we watched the last episode of the season, and all shared french fries and the next day one of our goals tested positive. It was one of the first people in the whole county. So I got locked down 10 days earlier than everybody else. And I've not watched an episode.

Sally: That's hilarious. Scar.

Annie: Y'all, thanks for making time to do this.

Sally: Thank you for having us.

Annie: What a treat!

Sally: How fun!

Walker: So fun.

Sally: So fun.

Annie: Was it though?

Sally: It was fun. It was.

Annie: I was thrilled.

[00:57:21] <music>

Annie: You guys, aren't they just the best? Isn't it so fun to have... Like we've got Dansby Swanson playing for the Cubs. He is our That Sounds Fun baseball player that we adore. And now we have a nationally and globally known soccer player. Let's go. Walker Zimmerman is your new favorite soccer player. I know it. Mine too.

Be sure you follow him on social media, tell him thanks for being on the show. Tell Sally, as well, thanks for being on the show. And listen next time you're in Nashville, come on out to an NSC match. You will love it. It is so fun. You know I do not miss a game if I can help it. So you will find me there in my section. It is one of my very favorite things.

And speaking of things to do in Nashville, did you see that the Here For You tour is coming to town? Guys, we've added a tour stop and Carlos and I will be in Franklin, Tennessee on June 15. Let's go. Hometown show.

So if you're in Alabama, Georgia, Tennessee, Roadtrippers, grab your tickets. Come and join us. And it is selling out quick, all the shows. Y'all got to join us there. 13 different dates. We would love to see you at any of them. You can find all the tour dates at hereforyoutour.com.

So we heard what sounds fun to Walker and Sally and now we get to hear what sounds fun to one of our friends who is listening just like you.

All right Cindy, because the show was called That sounds fun. Tell me what sounds fun to you.

Cindy: Hi, I'm Cindy. I live in Kansas City, Missouri. And what sounds fun to me is having a big party at my house with.. there'll be lots of snacks, some yummy drinks. Hopefully, it'll be really nice outside so we can go out on the deck and enjoy the sun. And then also having a lot of board games.

Annie: Oh, tell me more.

Cindy: So me and my husband are really into like... not like Game of Life or Trouble. We're into the weird board games or the more niche board games.

Annie: Like Catan kind of stuff?

Cindy: Like Catan and then also my favorite... I really like Unstable Unicorns.

Annie: Oh, I've never even heard of Unstable Unicorns. I'm writing it now.

Cindy: It's really good. It's really good. You have to build your stable of unicorns and then you can do things to hijack other people's stables. And the cards are just really cute. Like it's really good art and it's really fun.

Annie: So when I'm thinking about our family vacation this summer, is this a good one that everybody can learn pretty quickly?

Cindy: Yes.

Annie: Okay.

Cindy: Yes. And then kids will just enjoy looking at the cards.

Annie: Okay, okay, very good.

Cindy: Because they're really pretty. And they're unicorns, they're cute.

Annie: Yeah. Unstable Unicorns. Okay, very good.

Cindy: It's a good one.

Annie: Top snack. Every time you have people over, what do you guarantee and have in there?

Cindy: There is this street corn dip from Costco. I'm obsessed with Costco. And their tortilla chips and their street corn dip is just so good.

Annie: Street corn dip, Kansas City, good weather, Unstable Unicorn.

Cindy: You got it.

Annie: Great.

Cindy: That's it.

Annie: That sounds fun to me.

Cindy: Awesome. You're welcome over any time.

Annie: Thank you. Oh, I love it.

If you need anything else for me, you know I'm embarrassingly easy to find. Annie F. Downs on Instagram, Twitter, Facebook. All the places you may need me, that is how you can find me.

I think that's it for me today, friends. Go out or stay home and do something that sounds fun to you. I'll do the same. Today what sounds fun to me is getting that Walker Zimmerman bobblehead on Saturday. Oh my gosh, the first-ever bobblehead in the MLS. That's our guy, you guys. I cannot wait. It is going to have prominent display in my office.

Y'all have a great weekend. We'll see you back here on Monday with Jeremiah J. Johnson. We are going to talk down some more gospel information. With as much as you love the Tim Mackie episode, we got another good one for you. Y'all are

**Episode 462- Walker & Sally Zimmerman on Good Change, Chasing Dreams for a LONG Time, Public Criticism, and
Being Called to Your Life That Sounds Fun with Annie F. Downs**

going to love this conversation. Okay, have a great weekend. Go Nashville SC!
Come on you Boys in Gold. We'll see you back on Monday, friends.